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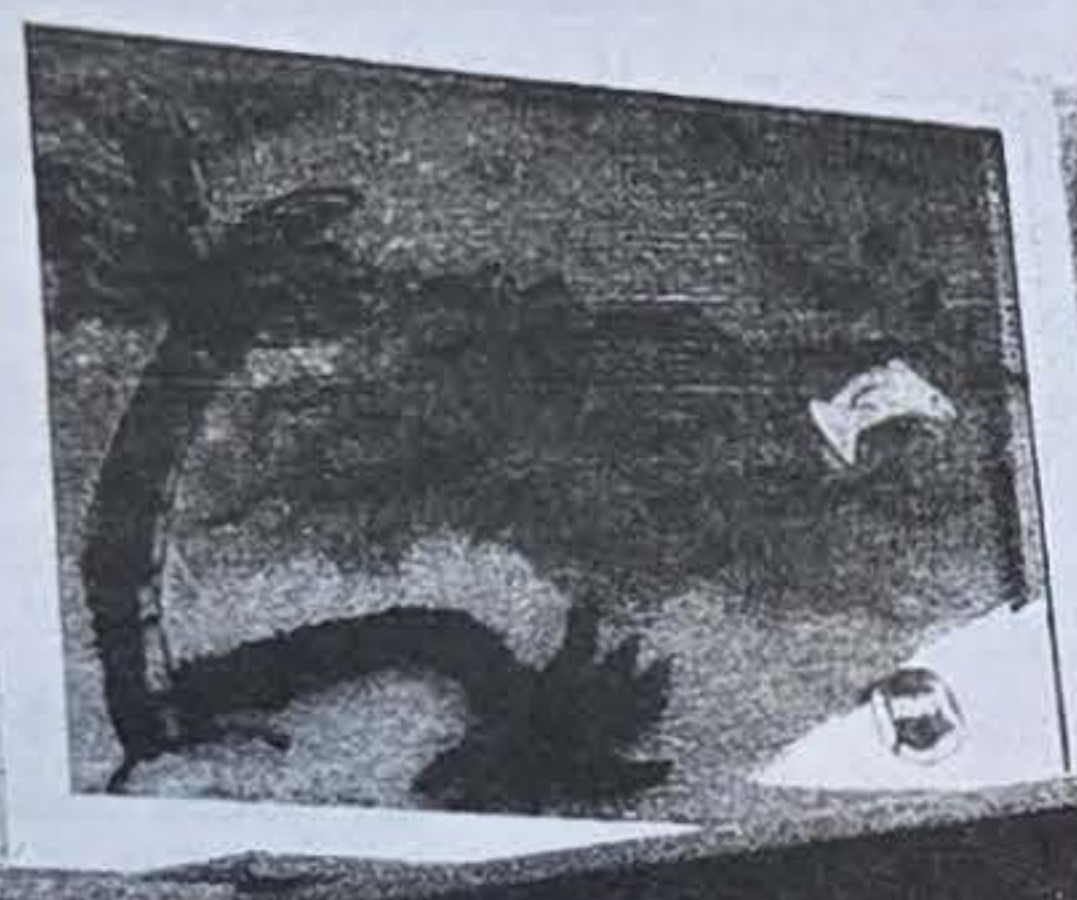
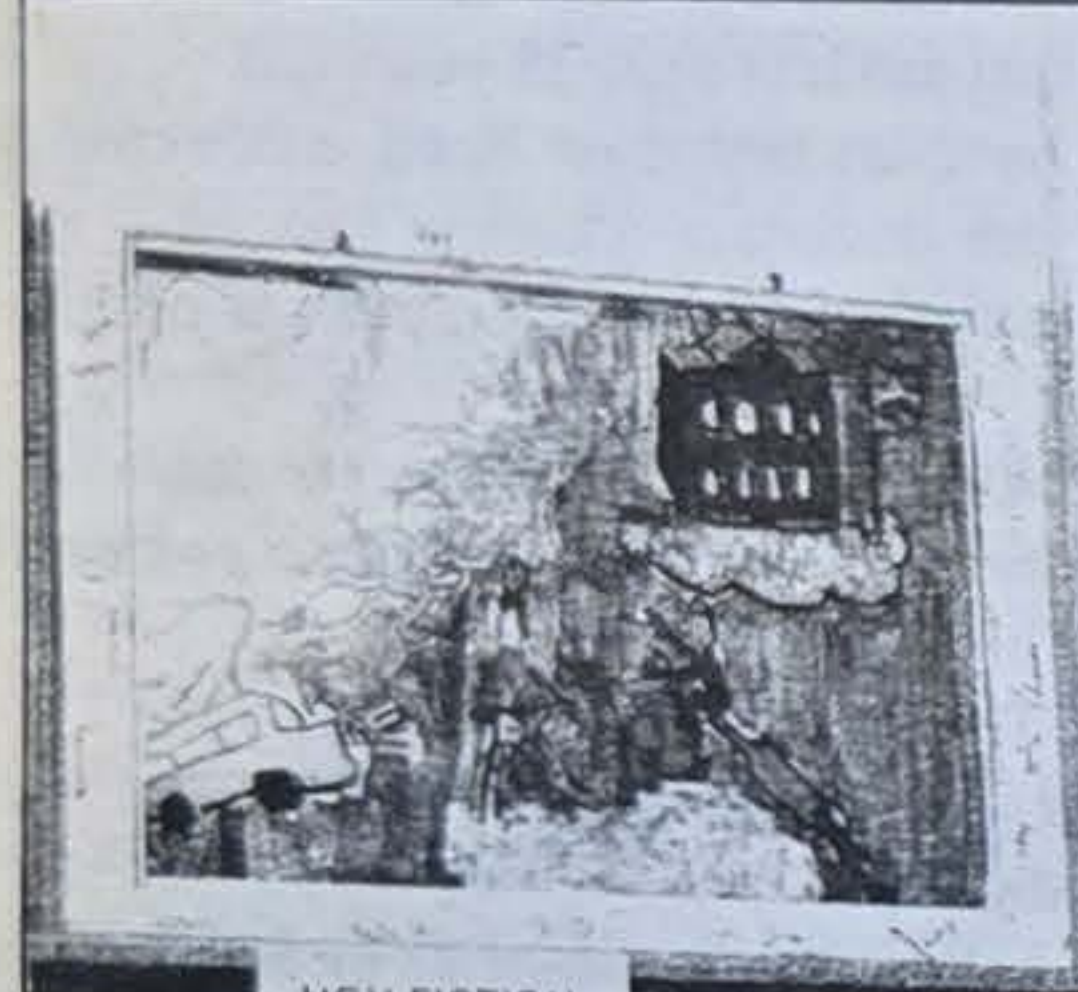
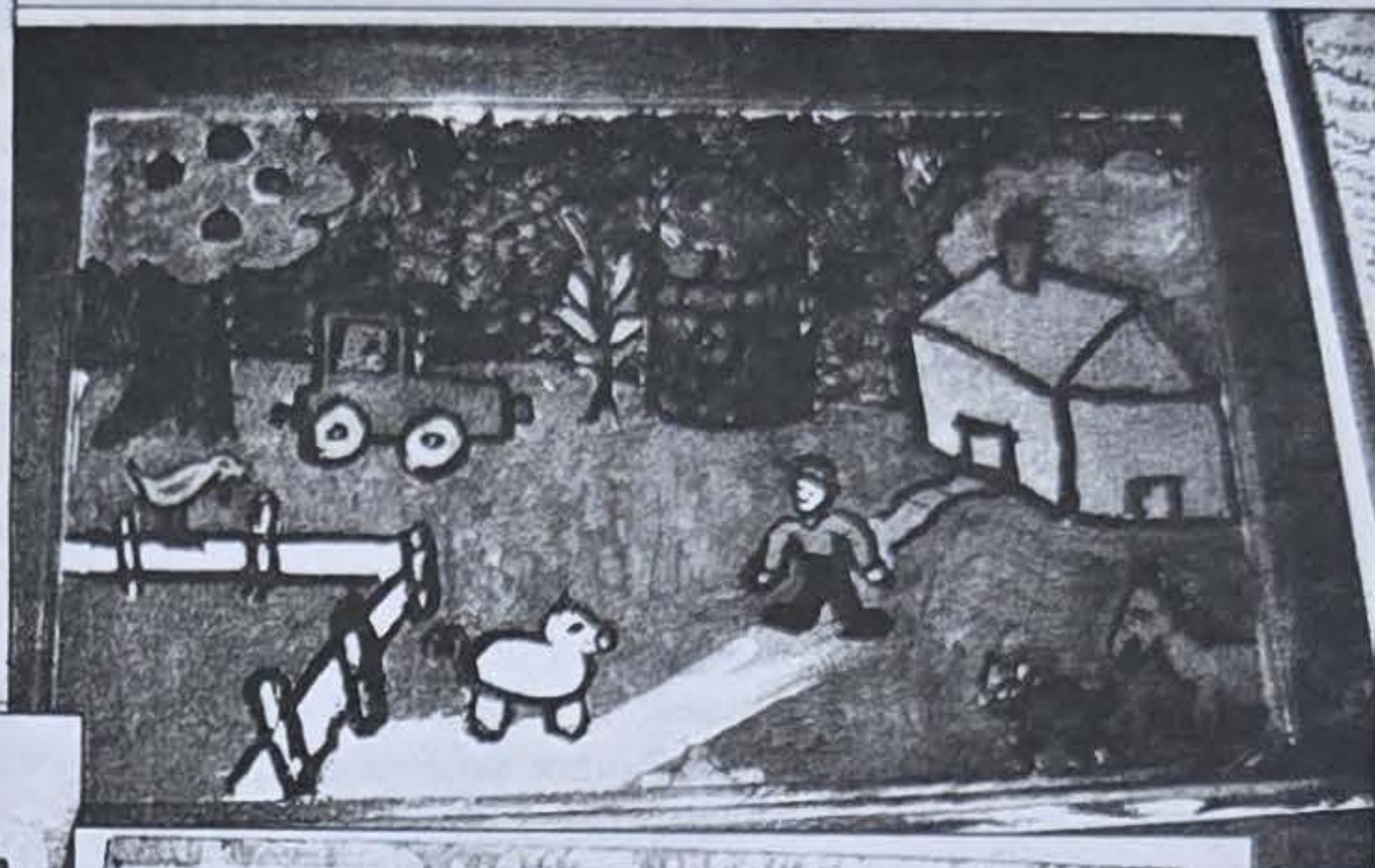
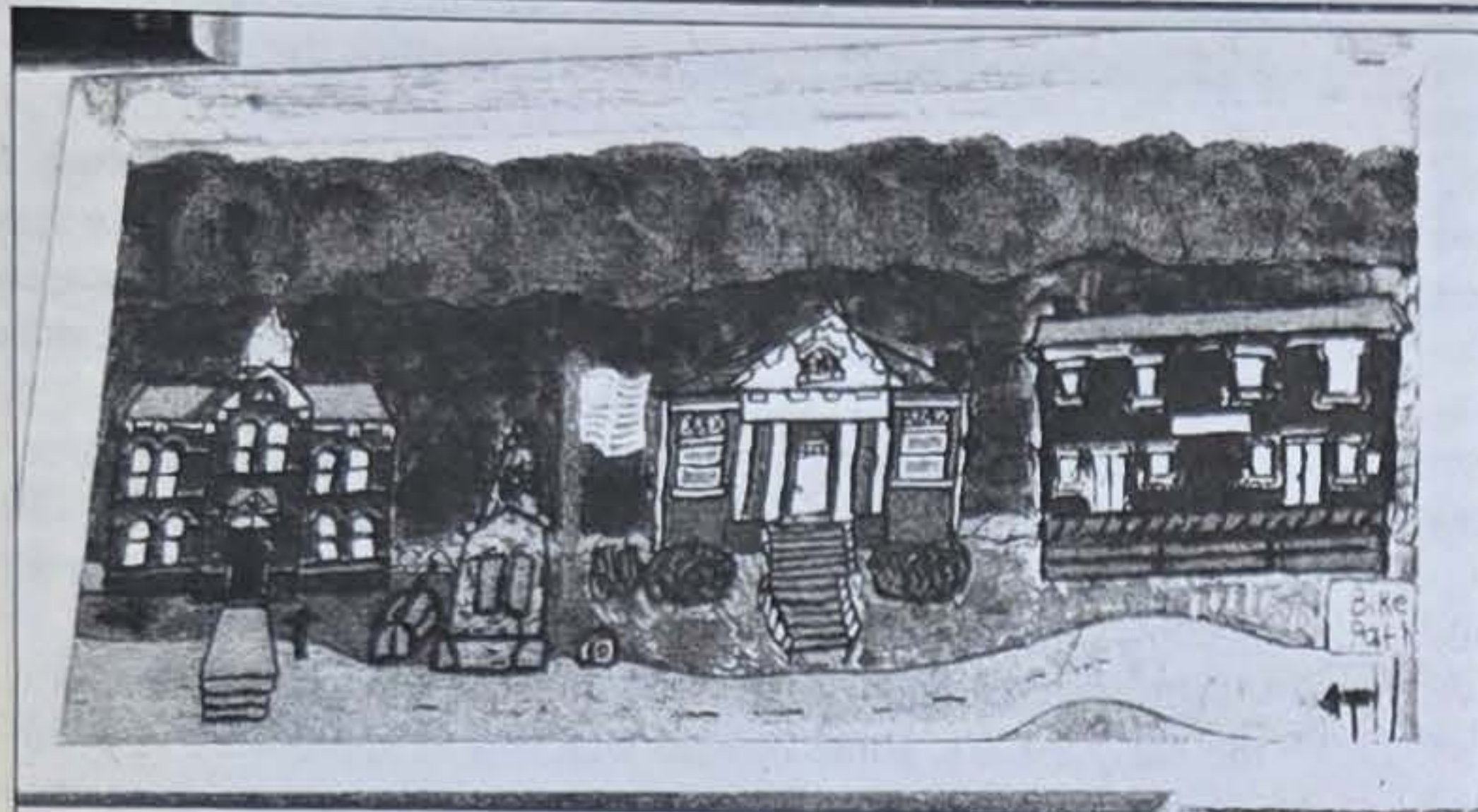
HAMPTON

# TOWNE CRIER

PORT BYRON, RAPIDS CITY, SILVIS, EAST MOLINE

February-March, 2006

Issued Monthly on the 15th

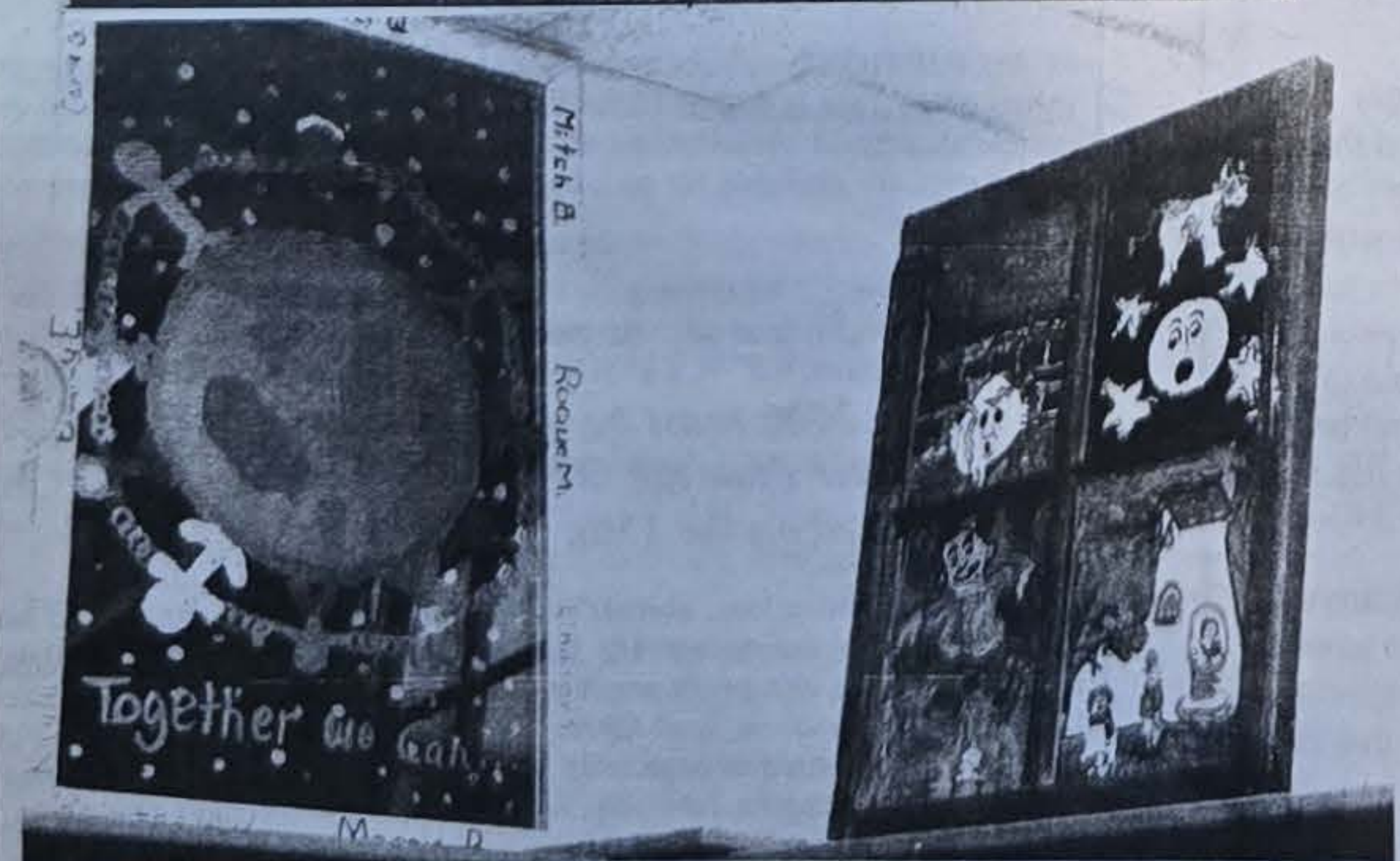


## YOUNG HAMPTON ARTISTS' WORK TO BE RAFFLED AT FEBRUARY 25th's ANNUAL PTA SCHOOL CARNIVAL

Hampton School students, under the leadership of their innovative art instructor, Susan Egger, have once again come up with an unusual fundraiser for their annual PTA Carnival being held on February 25th at the school (5th Street at 3rd Avenue in Hampton).

Artistically rustic windows of uncertain vintage have been transformed into works of art by the painting talents of each class of students. Window frames are signed and suitable for hanging in homes or businesses. A total of 10 "windows" being raffled are now on display in the school library. Proceeds from the raffle go to fund additional events for the students.

See inside the *Hampton School News* section for details and descriptions of all 10 windows.



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## Editorial: We're all in this together

Smaller towns and villages in our coverage area have, for years been isolated and insulated enough to become mostly "bedroom communities". If this area is to thrive instead of just survive, we small towns need to create coordinated programs to bring in visitors, fill our store fronts, open new businesses and attract more residents. Signally, it's hard for any community of 3,000 or less residents to even get noticed. Together, they may become a hugely positive force. A good example, on a larger scale, the formal Quad Cities have developed a new inter-city cooperation to boost their economies following their "Blue-print 2010". The goals of the larger cities are the same as the smaller communities: attracting jobs, younger workers to fill those jobs, general economic development through all types of development which stimulates economic security for us all.

Unlike Rock Island and Davenport, small municipalities generally have few paid, full time employees. Their elected officials have "regular daytime jobs" so have less time for planning. The "us" vs. "them" attitudes of the past between local organizations and government or one town vs. another no longer applies if we all expect our area to be vital and growing.

Within the towns, this means attending each other's meetings regularly and asking what each can do to facilitate a successful event sponsored by anyone. (Port Byron's Regional Library excels at participating in town programs that genuinely enhance the quality of life for area residents and attract visitors to local businesses.)

Next, each community needs to consider reaching out to their neighboring towns in cooperative projects. The non-profit organizations already pull members from numerous towns, it is time for governments to occasionally cooperate in area event planning where everyone will reap the benefits economically and socially.

Could there be more events, more cooperation between communities to generate several multi-event tourist weekends? Currently, festivals, The Tug and special events are competing for visitor attendance. What success could be reached with a multi-town weekend event? Would it attract visitors to spend an entire day in our area moving from one venue to another? Tourists could choose from several different forms of entertainment instead of one limited, single-location event – Something for everyone! (Perhaps the Iowa Side of Tug Fest is more successful because it is combined with a carnival/fair and boat rides and local business specials.) Expand the entertainment menu, expand the attendance and multiply the image building and economic benefits for all. Think about it as your group sets its 2006 agenda.

### From a Crier Reader: I'll be happy when...

We convince ourselves that life will be better after we get married, have a baby, then another. Then we are frustrated that the kids aren't old enough and we'll be more content when they are. After that, we're frustrated that we have teenagers to deal with. We will certainly be happy when they are out of that stage. We tell ourselves that our life will be complete when our spouse gets his or her act together, when we get a nicer car, when we are able to go on a nice vacation or when we retire. The truth is there's no better time to be happy than right now. If not now, when? Your life will always be filled with challenges.

It's best to admit this to yourself and decide to be happy anyway. Happiness is the way. So, treasure every moment that you have and treasure it more because you shared it with someone special, special enough to spend your time with ... and remember that time waits for no one.

### So, stop waiting ..

Until your car or home is paid off; you get a new car or home.  
Until your kids leave the house; you go back to school.  
Until you finish school; you lose or gain 10 lbs.  
Until you get married a divorce or you have kids  
Until you retire-Until summer, spring, winter or fall.  
Until you die.

There is no better time than right now to be happy. Happiness is a journey, not a destination. So work like you don't need money, love like you've never been hurt, and, dance like no one's watching.

## Gas Connector Warning!

Five or Six years ago, several people lost their lives in a south side Chicago home which blew up, creating a fireball that wiped out houses all around it. All could have been prevented if the older couple had known to check their gas connectors. The following is so important we are repeating the message from MidAmerican Energy to make sure you notice the danger.

**"MidAmerican Energy Company wants its customers to be aware of the potential hazard presented by a certain type of appliance connector that may be found in the home.** Gas connectors are corrugated metal tubes used to connect natural gas appliances in your home to the gas line.

Uncoated brass connectors may crack or break, leading to a fire or explosion with the potential for injuries or death. The connectors may be found on gas stoves, clothes dryers, water heaters and furnaces.

Although these connectors have not been manufactured since the early 1970's, some remain attached to appliances in homes. It is possible that older connectors also could have been installed with appliances that are less than 25 years old.

If you think you may have an uncoated brass connector on your gas appliance – or are uncertain whether you do – it is recommended that you **immediately** have a qualified plumber or heating heater inspect it.

***Do not move the appliance because the connector may crack or break, releasing gas into the room and creating a potentially hazardous situation."***

### IF YOU SMELL GAS or you suspect a gas leak:

- . Leave the house immediately.
- . Don't use your phone; call your gas supplier or 911 from a neighbor's house.
- . Don't light a match.
- . Don't turn on a light.
- . Don't switch on anything electrical.

A man's delight in looking forward to and hoping for some particular satisfaction is a part of the pleasure flowing out of it, enjoyed in advance. But this is afterward deducted, for the more we look forward to anything, the less we enjoy it when it comes.

- Arthur Schopenhauer

### How You Can Reach Us:

Hampton Towne Crier, P. O. Box 224, Hampton, IL 61256-0224

You may write to us or drop off items at Blimpie or Quinn Hardware in Hampton. **10AM-5PM, Monday through Friday Only**, call 309-752-0627

E-mail to Jane Cady, Editor: [jec@ix.netcom.com](mailto:jec@ix.netcom.com) Please put Hampton Towne Crier in the subject line of your e-mails to make sure they are not missed!

**SUBSCRIPTIONS:** For those outside of Zip Code 61256, the 2006 subscription rate is \$8.00. If, for some reason, the Crier is not issued for a month, all prepaid subscriptions or ad fees will be extended another month. Free copies are available for pick-up at our advertisers' retail locations while quantities last.

**ADVERTISING:** Advertising is limited to businesses. The Crier has no classified or employment ads. By-issue 2006 rates are: Small: 4.5" W x 2-1/2" H \$25.00, Medium: 4.5" W x 4" H \$35.00, 1/4 Page: 4.5" w x 7" H \$45.00.

***All ads in 2006 must be submitted complete, ready-to-print no later than the 6th of each month for the Crier to be released on the 15th.***

Non-profit organizations, obituaries, birthdays, thank you notes and birth or wedding announcements are free. Please be brief with submissions. Free space for a non-profit organizations is limited to 4.5" W x 4"H except libraries. Circulation is now 4,000+. (3,000 Copies mailed monthly PLUS 1,000 more distributed through retail stores and offices in Port Byron, Rapids City, Hampton, Hampton Township, Silvis and East Moline and LeClaire, IA.)

**Frequency:** The Crier is a monthly publication. Issues are released on or just before the 15<sup>th</sup> of the month. Most major holidays fall after the 15<sup>th</sup> of the month, by releasing the Crier closer to the holidays, advertising for sales and event announcements are more immediate.

**Policies:** The Crier is not meant to replace daily newspapers, it is a community bulletin board for local information, small business support and some entertaining pieces. Classified ads and letters to the editor are not printed. Investigative reports, political or religious columns and controversial topics are purposely not included. Village Board and School Board notes will be included if an objective volunteer reporter will attend the meetings and submit notes. (Your editor is also a Hampton Trustee and in order to maintain objectivity, another volunteer must handle meeting notes. If you would like to become this volunteer, call Jane at 752-0627.)

## YOU Influence The Crier's Content

The first rule for all editors applies to all written communications: *write about what you know*. You don't see a sports column in the Crier because your editor knows NOTHING about any sport. Were sporting event schedules and information sent along with some photos, they would appear in the Crier. If you want to see a column of any type (except religious or political), please be willing to become a reporter/columnist or recruit a reliable, knowledgeable person for the once-a-month report. One editor cannot attend all area events to provide variety.

If you would like to see more announcements of community events and/or follow-up photos, drawing results, etc., you must submit them to the Crier by the 6th of each month in order to appear in the issue that is released around the 15th of the month. (Non-profit organizations, obituaries, birthdays, thank you notes and birth or wedding announcements are free. Please be brief with submissions. Free space for non-profit organizations is limited to 4.5" W x 4"H except libraries.)

The second editor's rule is to *stick to the policies and original spirit of the publication*.

- Maintain a positive attitude and image for the communities we serve. Support local businesses and all efforts to improve the quality of life for area citizens.

- Letters to the editor are not printed as they are usually negative and stir up tension in the community.

- Investigative exposes, political and religious columns, are purposely not included because they cannot be without bias that divides the community. Relationship and personal advice columns entail liability which the Crier cannot assume.

- Village and School Board notes may be included if an objective volunteer reporter will attend the meetings and submit brief, factual notes. (Your editor is also a Hampton Trustee and in order to maintain objectivity, another volunteer must handle meeting notes. (Complete approved Hampton Board Meeting notes are posted on the Hampton Website: [www.hamptonil.org](http://www.hamptonil.org)).

**A community paper is what YOU make it.** If suitable photos, announcements and event follow-up information is received by the 6th of the month, that is what you will see. If nothing is received, the space will be devoted to short, general interest articles, quotes and amusing stories/jokes. 500 Word articles are welcome that are not personal attacks or reflective of agendas relating to politics, race or religion. No articles will be considered without author's name (which will be printed) and their address which will remain on file only. The advertisers pay the publication costs. They deserve and expect a popular monthly paper with the space for copy kept in balance with ads. What that copy represents is up to you.

*If anyone wishes to start their own local paper, we will gladly show them all the mechanics of operating one, just call 309-752-0627.*

A family was discussing a domineering and extremely self-centered maiden aunt. Mother, exasperated by Aunt Ella's latest demand, said, "What Ella needs is to experience some REAL trouble, such as losing someone she loved very much."

Grandma, who had been listening, remarked quietly, "True, child, true. But you can't cry at your own funeral." ♦

### Fitness Quiz

1. How far does the average person walk in a year?
2. What is the only joint of the body with 360 degrees of rotation?
3. How many miles of blood vessels does the human body have?
4. How much air can adult lungs hold?
5. How much skin does the body shed in an average lifetime?
6. Does the human neck have the same number of vertebrae as a giraffe?
7. What is the hardest material in the body?
8. What is the body's largest muscle?
9. How many taste buds are there on your tongue?
10. If you weigh 120 pounds on Earth, how much would you weigh on the moon?



Answers to Fitness Quiz: 1.) 1,000 Miles, 2.) Shoulder, 3.) 93,000 miles of blood vessels, 4.) About 3 liters, 5.) 40 pounds, 6.) Yes, 7.) The enamel on your teeth, 8.) Gluteus Maximus (buttock), 9.) Over 10,000 taste buds, and 10.) 20 pounds on the moon.

## Meet Candidate Andrea Zinga at a Morning Coffee in Hampton

Chat with the candidate at an informal get-together and let her know what's on your mind. Coffee, tea and juice will be served.

Also meet two popular Crier columnists!

**Saturday, February 18th  
9:00 AM Until Noon**

**At Jane & Rocky Nelson's Home  
431 - 2nd Avenue, Hampton, Illinois**



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16213 River Rd. N.  
2 BR home with a wonderful Maple cabinet kitchen, which has a hexagon dining area. Corner brick fireplace in living room, 3 season room that looks out on the Mississippi, 3 car attached garage, and 60'x60' Morton building with office. MLS# 4096689 - \$260,000. Virtual tour: <http://qcrealtors.com/realtors/4069689/index.htm>

**ROCK ISLAND**



1821 7th Street, Rock Island, \$35,000.  
A two bedroom home. The bedroom walls are knotty pine, new siding, very nice. Here you have affordable living (cheaper than rent) Call and take a look. MLS# 4071411.

**BUNGALOW FOR TWO!**



705 N. High St., Port Byron, \$92,500.  
Very nice starter home or retirement or possible chat 2nd home for the snow birds. Mississippi River view. Riverdale schools. Two bedroom, full basement and double garage. You will also have a home warranty. MLS # 4072490. Call for showing 523-5700 / 755-7577 / 737-1800 cell.

**CENTENNIAL FARMSTEAD**



11711 - 317th Street, Hillsdale, \$149,900.  
2+ acres. Large oaks, 4 bedroom home near interstate 88. Separate 1102 sq. ft. upper level living quarters with outside stairway. New owner to have fishing rights to their private lake. Riverdale schools. MLS # 4072886. Call for showing 755-7577 or cell 737-1800.

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"You can say any foolish thing to a dog, and the dog will give you a look that says, 'My Goodness, you're right! I never would've thought of that!'"

--Dave Barry

## Hampton School News

### Hampton Elementary School Test Scores

By Superintendent Tom Berg

Hampton Elementary School has the best ISAT test scores in Rock Island County. The ISAT (Illinois Standards Achievement Tests) tests are the required assessments each public school gives to the students. In previous years students in grades 3, 5, and 8 were tested in Reading, Math and Writing. Students in grades 4 and 7 were tested in Science and Social Studies. The Social Studies and Writing tests have been dropped. This year students in grades 3 through 8 will be tested in Reading and Math, and Science will also be tested in grades 4 and 7. All of the tests will be new tests. The Hampton School test results over the last 3 years show 80%, 82%, and 81% of our students passing the ISAT tests—best district results in Rock Island County! Our expenditure per pupil has also been among the lowest in the county.

This information is available to everyone at <http://iirc.niu.edu/>.

### Student Artwork to be Raffled at Annual School Carnival

Students at Hampton School have completed a "class window" project. In Art Class, each class decided on a theme, planned, and painted their class windows. The school has generously donated these windows to the PTA to be raffled. The monies raised from the raffle will be used towards this year's special purchase for the school. The actual windows are on display in the school library. **The cost of the raffle tickets is \$1.00 each or 6 for \$5.00. The drawings for the windows will be held at the school carnival on February 25<sup>th</sup>.** Checks can be made out to Hampton PTA. Each window will be raffled separately so **be sure to include the window number on the raffle ticket.** Additional tickets are available from your student's teacher or the school office. Raffle tickets will also be sold at the school carnival. If you have any questions, please contact: Carla Osborne @ 721-4075.

Special thanks to Jane Cady, Mrs. Hartman, Mr. Wheelan, and Mr. Larrison for donating the windows and to Mrs. Egger for suggesting and facilitating this project.

Each class learned the art of compromise and the meaning of teamwork and democracy and the students chose their own theme and what elements were to be included in the images. Once the theme was chosen and the design laid out, each student participated in painting the windows.

|                |                                           |
|----------------|-------------------------------------------|
| Kindergarten:  | Nursery Rhymes                            |
| First Grade A: | The Farm - Farm House                     |
| First Grade B: | The Farm - The Barn                       |
| Second Grade:  | The Ocean                                 |
| Third Grade:   | The Enchanted/Peaceful Forest             |
| Fourth Grade:  | The Hampton Space Shuttle                 |
| Fifth Grade:   | Hampton School of the Future              |
| Sixth Grade:   | The Beach (3-D technique on double panes) |
| Seventh Grade: | Unity (3-D Technique on double Panes)     |
| Eighth Grade:  | Panoramic overview of Hampton             |

The annual PTA Carnival is always great fun for all that attend. Games and activities, great food and getting to know your neighbors is always anticipated. Please mark your calendars now to reserve Saturday, February 25th!

At one of the popular gambling boats, a husband gave his wife, who had never played roulette, \$200 to gamble. When she asked what number she should play, a friend told her she always won when betting her age so suggested she choose her age number. The wife placed \$100 on number 28; the ball rolled around and landed on number 32. The gal promptly fainted. ♦

Before the turn of the century, a young and ignorant Angus was helping the country doctor by holding the kerosene lamp while the doctor delivered his wife of two fine babies. Angus disappeared with the lamp. "Here! Come back with that lamp. I think there's a third on the way!" shouted the doctor.

"I will no!" yelled Angus. "It's the light that's attracting them!" ♦

## Forgotten History of America's Earliest Export

The English ship *Treasurer* that carried Sir Thomas Dale and Pocahontas from America to England was among a number known as sassafras carriers. The *Susan Constant* and the *Discover* were also part of this trade most closely associated with America, Sassafras.



Sir Francis Drake visited Roanoke, Virginia in 1586 and brought along some half-starved colonists who had survived in relative good health with little food except sassafras soup. By 1622, the Jamestown Colony committed to the English Crown to produce and ship them thirty tons of sassafras or pay a penalty of a ten pound of tobacco for each colonist who did not produce their share – 100 pounds of sassafras each. What was this stuff that European's craved?

Bark and roots consumed as a tea or tonic became the favorite cure-all in England when rumors started that the brew retarded old age. Publicity increased its popularity and added more ills "cured" with regular use. Liver, stomach problems, lack of appetite, headaches, infertility toothache, joint pains and even dissolving gallstones were attributed to Sassafras.

Because the reddish wood and tea had an unusual spicy flavor and aroma, legends spread that the odor alone would keep away sickness and evil as well as the vermin that spread diseases. To take advantage of the almost magical powers, sassafras wood was used as inlay in cradles, noggins (mugs) were carved of it, Bible boxes were and even superstitious seamen packed enough of the aromatic wood in the cargo hulls to ward off shipwrecks.

In the 1890's and early 1900's the curative powers were widely claimed and many patent medicines used the pungent root in their concoctions. By the 1930's and 40's, pills were made of powdered bark and sold through the mail or over the counter. Baby Boomers who grew up drinking root beer may know that sassafras was a flavoring agent for most brands. Grocery stores sold small cellophane packages of shaved curls of roots or bark to be brewed into a flavorful red tea used much as any herbal teas are today. In 1960, the FDA forced all sassafras off the market when its use caused cancer in lab rats.

The history of early American medicine is filled with plant extracts and herbal mixes that started off as "cure-alls" then continued use as a food item or flavoring then dropped from general public knowledge. If you would like to read more about such preparations, check the internet using the key words "Patent Medicines". ♦



### Freezing Rain

By Mary Lou Schaechter

After many years of temporary work, something new has been added. Before hiring a temporary secretary, they insisted upon interviewing three people. Employers can insist upon whatever they want.

As I drove to their office for my interview, it began to rain - freezing rain. As my car slid into the parking lot I noticed that the ice was at least a quarter inch thick on everything. I tried to stand up beside the car only to find that I could not. Every time I tried, my shoe slid out from under me and I had to either sit down in the car or fall down.

How am I going to get inside the building for my interview? I decided to try taking off my shoes and walking in my nylon stock-ings. It worked! My feet didn't slide at all. The nylon stockings felt as though they were glued to the ice. As I neared the office door, I glanced at the office window. All the employees were lined up in a row, just watching me cross the parking lot. I thought, "Oh, no! They'll never hire me now."

The interview went well and later that day I received a phone call saying they had chosen me for the temporary work. Surprised but happy, I reported for work the next Monday.

One of my co-workers said the office manager watched me cross the lot and said, "Hire her. She can handle anything!"



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### Blood is the Heart of the Matter

#### Mississippi Valley Regional Blood Center



Blood donation is a safe, simple procedure that only takes about an hour. Donors must be at least 16 years old, in good health, and weigh at least 110 pounds. A Blood Donor card or other photo I.D. is required to donate; 16-year-old donors must present a signed parental consent form, available from the Blood Center or for download from the website below. *People with controlled high blood pressure or are diabetic may donate.*

#### Local Blood Drive Schedule:

##### February 24, 2006 Noon to 3:30 p.m. - Port Byron

Port Byron Community Blood Drive will be held at the River Valley Library - upstairs - 314 South Main Street

Those donors who last gave blood on or before December 30, 2005 are eligible to give again. Call Devon Gay at 1-800-747-5401 Ext. 257 to schedule an appointment or just walk in!

##### March 2, 2006 7:00 AM to Noon - Port Byron

Riverdale High school Blood Drive will be held in the school gym - RR#1, Port Byron.

Those donors who last gave blood on or before January 5, 2006 are eligible to give again. Call Michele Hemm at 309-523-3181 to schedule an appointment.

MV Regional Blood Center, 3450 - 38th Ave., Moline. If you cannot make a local drive, call 309-764-8504 for an appointment or just walk in. Visit the website at <http://www.bloodcenter.org>.

**Do you belong to an organization, school, church or business** that would like to sponsor a blood drive? Call Devon Gay at 563-823-4120 to find out how easy it is to set up a drive.

### American Cancer Society Announces Annual Daffodil Days

Each year, the Society raises funds by selling daffodils illustrating hope for those with cancer and cancer survivors. The proceeds from the sales fund research, patient and caregiver services, and education regarding cancer-related issues.

Numerous volunteers are needed to distribute daffodil orders, process forms, promote sales at the workplace or in their community, help plan flower delivery routes, arrange bouquets and baskets of flowers and assist in the delivers the week of March 20.

If you want details on purchasing daffodils for a friend or if you can participate as a volunteer in any way in this program, please call the American Cancer Society at 1-800-322-4337 or contact your local office or visit [www.cancer.org](http://www.cancer.org)

One girl to another: "Their beautiful friendship ripened into another office collection."

Wife to Husband: "If we continue to save at our present rate, at retirement, we will owe two million dollars."

Young man after his initial examination at the recruiting office: "But your CAN'T turn me down - I've proposed to three girls, told my boss what I really think of him and sold my car!" ♦



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In the heyday of sailing ships, all war ships and many freighters carried iron cannons. Those cannons fired round iron cannon balls. It was necessary to keep a good supply near the cannon, but how to prevent them from rolling about the deck?

The best storage method devised was a square based pyramid with one ball on top, resting on four, resting on nine, which rested on a final layer of sixteen. Thus, a supply of 30 cannon balls could be stacked in a small area right next to the cannon. There was only one problem...how to prevent the bottom layer from sliding or rolling from under the others.

The solution was a metal plate called a "Monkey" with 16 round indentations to hold the bottom layer in place. But, if this plate were made of iron, the iron balls would quickly rust to it. The solution to the rusting problem was to make "Brass Monkeys."

Few landlubbers realize that brass contracts much more and much faster than iron when chilled. Consequently, when the temperature dropped too far, the brass indentations would shrink so much that the iron cannon balls would come right off the monkey.

Thus, it was quite literally, "Cold enough to freeze the balls off a brass monkey." And all this time, you thought that was an improper expression, didn't you?

Toyshop clerk to customer: "It's an educational toy designed to adjust a child to live in the world of today...any way he puts it together is wrong."

"There is always an easy solution to every human problem - neat, plausible and wrong." H. L. Mencken

## Area News Briefs

### Attention Mallard Fans!

Little Lambs Preschool will be raffling a Quad City Mallards autographed jersey sometime in March. Tickets are on sale now and may be purchased at Zion Lutheran Church for \$5 per ticket or five tickets for \$20. For information feel free to call the Zion office at (309) 496-2186.



Pictured are teachers Sharon Snyder, Chris Polzin and Allene Williams with Mo Mallard and students of Little Lambs Preschool.

### River Road Restaurant Rebuilding

The early morning hours of January 10th was a disaster for our local restaurant, River Road, in Hampton. A semi truck very unwisely tried to exit the lot by driving through the narrower passage in front. The result was the destruction of the foyer. The driver, C. Millikin was stopped before entering Route 80. The trucking company, Extreme Transportation of Michigan will be paying for the damages. Ljatif "Lucky" Fazliu, who opened River Road about 18 months ago and recently relocated his family to Hampton quickly began clean-up and re-building efforts.



At press time, work continues on River Road but a firm re-opening date has not been set. Watch for this popular eatery to open a little later in February with a new menu to go with the remodeled entryway.

### Hampton Heritage Center Programs

Thursday, February 23 features two programs at the Heritage Center.

**Mississippi Java Time meets at 10:00 AM**

A presentation, *Birds of the Mississippi* will be given by the US Army Corps of Engineers. This area is blessed with a great variety of wildlife along the river and the Heritage Center and Park are the perfect setting to learn more about our birds. Come for a relaxed morning of coffee, cookies and interesting conversation with experts.

New Monthly class begins at 7:00 p.m. *Finding your Family Roots*

Rocky Nelson, president of the Hampton Historical Society will be holding monthly meetings on how to locate information about your family. Where to look, what types of documents are available and how to organize information for future generations. Come learn about your family tree!

Breakfast, Lunch, Dinner, Snacks

Valentine's Day Special

**Prime Rib for only \$9.99!**

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# THE BROTHER'S FAMILY RESTAURANT AND GIFT SHOP



**309-496-2965**

## Watching Out to Save a Life

Submitted by F. D. Michael J. Ellis  
 Sullivan-Phillips Mortuary, Ltd.

It seems you hear about it happening more and more often – a teenager deciding to take his own life. What can be done about this peculiarly American tragedy?

Perhaps more than you might think!

Experts say that young people rarely commit such a violent and destructive act without first exhibiting plenty of "warning signals". By being alert to such signals, parents, teachers and friends can help to head off a potential suicide. The "warning signals" include:

- A change in personality. The person may seem deeply depressed, withdrawn, irritable or anxious.
- Changes in eating or sleeping patterns – oversleeping or insomnia; loss of appetite or overeating.
- Loss of interest in friends, the opposite sex, hobbies or activities that the person has enjoyed in the past.
- Feelings of overwhelming guilt, shame or self-hatred; or feelings of helplessness and worthlessness ("Nobody cares," "Everyone would be better off without me".)
- And especially, threats of suicide. These should always be taken seriously.

**What to do when a young person exhibits one or more of these signals?** Get help- FAST! "Talking it out" can go a long way toward boosting self-esteem and feelings of self-worth. In more severe cases of depression, treatment by a mental health professional can work wonders.



## Pink Gorilla Spotted in East Moline!

A pink gorilla has been reported on 15th Avenue in East Moline. The East Moline Main Street organization is sponsoring their Pink Gorilla as fund raiser for future projects PLUS to give you a very unusual Valentine. Here's how this \$35.00 Valentine works!

1. Grab your credit card and call Joyce Danley at Herald Printing, 309-755-5224 or Rick Harris at 755-0671 to place your valentine order for your sweetheart.
2. Get your photo taken with the Pink Gorilla who will make local deliveries.
3. Your Valentine will receive a long stem red rose,
4. A box of chocolates
5. And the photo of you with the Pink Gorilla!

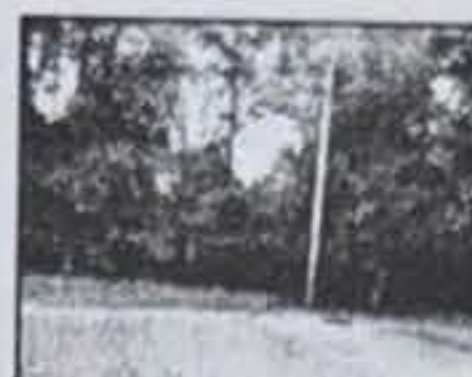
What more could you ask!

Time is short. Call right away to make sure your delivery is scheduled.



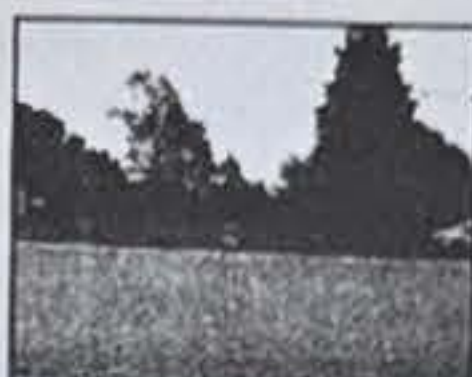
### OFFICE ARITHMETIC

Smart boss + smart employee = profit  
 Smart boss + dumb employee = production  
 Dumb boss + smart employee = promotion  
 Dumb boss + dumb employee = overtime



#### MLS#4071194 \$20,000—Port Byron

Port Byron lot in subdivision on cul-de-sac! Half acre plus lot is wooded and home could have an exposed basement! All utilities to lot. Port Byron water & sewer, natural gas & cable. Great huge lot with fantastic backyard view and nice neighborhood! Won't last long.



#### MLS#4071030 \$30,000—East Moline

Approximately 1/2 acre parcel near East Moline Industrial Complex. Property is next to storage units and across from North East Park Sports Complex. Lots of possibilities!



#### MLS#4072468 \$25,000—Hampton

River view! Close to bike trail, parks and river. Lot is 60 x 130, flat and has entrance from front and rear. All city utilities available.



#### MLS#4074023 \$169,900—Cedar Brook

Beautiful—3 bedrooms, 1600 SF, brick and aluminum ranch on a 136 x 201 ft. lot. Home has a family room w/a wood burning F/P, DR & MB w/bath. Laundry room is on the main floor. 3-season porch, 2 car attached garage and deep dry basement. Cedar Brook Estates 1.



#### MLS#4073744 \$164,900—Hampton

(2) - 2 BR ranch villas off RT 84 in Hampton. Nicely landscaped lot w/deck. Vaulted ceiling in living room, informal dining area leads to kitchen w/breakfast bar. MB and bath, laundry room ML, full daylight basement and 2 car garage. \$60 asso. fee covers lawn care and snow removal.



#### MLS#4071209 \$238,900—Bartow

62 acres of which 25 acres+ are suitable for farmable wetlands. The 62 acres are in a (CRP) Conservation Reserve Program (1999-2013), 15 yrs and must remain there until CRP contract expires. Some of the property borders on the Rock River.



**Tony Columbia**  
**Mel Foster Co.**  
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 Cell: (309) 230-4479



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### SHOPPING MATH

A man will pay \$20 for a \$10 item he needs.  
 A woman will pay \$10 for a \$20 item that she doesn't need.

"Pearls are of no value in the desert." Hindustan Proverb  
 "When one has no needle, thread is of little use." Japanese Proverb

# Schroder Mortuary



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Silvis, Illinois 61282

Phone: 309-755-2212

[www.schrodermortuary.com](http://www.schrodermortuary.com)

## East Moline Library News

Tuesdays at 10:30 AM is "Story Time" at the Library. Story Time is the perfect opportunity to introduce youngsters to reading and to become comfortable in a library setting. Mark your calendars now to spend Tuesday, February 14, 21 and 28 with your children for a great story.

**Computer Classes** continue on Thursday February 16 and 23 from 10:00-11:00 AM. You must register for these classes as space is very limited. On February 16th, learn to create a simple personal website and explore why you might utilize one. On February 23, learn more about e-mail and have your computer questions answered. Call 755-9614 to reserve space.

**Computer access** though the website will lead you to homework websites, linked to UTHS, the City of East Moline, Find-it Illinois, East Moline School District #37 and much more. The website gives hours, Friends and members of the Library Board, staff and calendar of events. Best of all, you can find out what's new, for check out at the library and the on-line card catalog to look up subjects, authors and titles that catch your interest. Use your imagination and explore <http://empl.lib.il.us>

**Join the Bestseller's Club** and you will automatically be placed on the reserve list for any of the popular authors you choose. While we can't guarantee how near the top of the list you'll be, it's one less thing you have to do.

**Painless Contributing!** The library collects Campbell's Labels for Education all year round. Deposit yours labels in the drop boxes in the Adult Room or Children's Department. If your new year's resolution includes organizing and cleaning out your home, please donate your gently used hard back books, paperbacks, audiobooks, music CD's, videos and current year magazines. Resolve not to accumulate items that others could use. Donations can be dropped off at the library during regular hours. Thanks!

## River Valley District Library News

**Winter Reading Program begins Mon., February 13th** at 1:00 p.m. and ends on Fri., March 17th at 8:30 p.m. "All logs must be in by 8:30 p.m. on the 17th"

The theme this year is: Penguins on the Loose!

Please join us on the 10th of February at 6:00 p.m. for Pipi's Penguin- A penguin tale told by children's librarian Ms. Cathy and then stay for the movie "Madagascar". Free pop and popcorn during the movie.

**A Penguin Craft night will be held on March 10th from 6:30 to 7:30 p.m.** Youth who reach their reading goals will be invited to a skating party at Skate City Q.C.A. on Wednesday, March 22nd from 6:30 to 8:30 p.m. Happy reading!

**Pajama Story Time @ 6:30 p.m.** on the following dates: February 24th, March 31, April 28th and May 19 in the library community room. Join our Friends for a story and a treat!

**River Reflections Movie Schedule** (All movies subject to change)  
All movies start at 1:00 p.m. unless otherwise noted\*

**Feb. 16th - Elizabethtown**

**March 2nd - Proof**

**March 16th - Flight Plan**

**April 6th - Easter Dinner Pot Luck & Movie Yours, Mine and Ours** \*Dinner @ 12:00 Must sign-up by April 3 at the library  
Movie 1:00 p.m.

**April 20th - The Greatest Game**

**214 South Main St., Port Byron 309-523-3440**

M-W-F: 1:00-8:30 p.m., Thurs.: 9:00-1:30 p.m. and 5:30-8:30 p.m.

Saturdays 9:00-1:00 p.m., Closed Tuesdays and Sundays

[www.rbls.lib.il.us/pbp](http://www.rbls.lib.il.us/pbp)

A husband to Wife: "I'll say this for television and the new computer- the more unsuitable the program, the quieter it keeps the children!" ♦

## New Boil Order Warning System For Hampton

In response to citizen requests, our Public Works department has developed a more immediate and sure notification of boil orders being announced for Hampton. Everyone understands that water main breaks are bound to occur some time in the future but the current boil order notification systems leaves many in the dark as TV stations sometimes don't announce them, newspapers bury notices in less read sections and no one knows how long the inconvenient boiling should continue. This is the new system.

When there has been an interruption in the water system for any reason, bright yellow and black signs will be affixed to the blue Village of Hampton signs that appear roadside at the Village limits. There are 4 of these locations and you cannot come into the village without passing one of these signs. You should not be able to miss the bright yellow signs when they appear so you'll know ASAP that water should be boiled. When the signs go down, you may assume the boil order is off and all is well.

**Each of the yellow signs will have a phone number (755-7591) which connects to an automated, recorded message explaining which blocks/areas are involved in the boil order. The same information will be posted on the Village of Hampton Website's front page: <http://www.hamptonil.org>**

There are many elderly within the village limits that do not drive or get out often so please, if you see the boil signs and have determined that your home is on the boil order, please tell your neighbor. The signs are a supplemental warning system. They will not replace newspaper or TV/Radio announcements.



*Carol Walston, Public Works Dept., Trustee Rich Vershaw and Scott McKay new Supervisor of Public Works*

Living on Earth is expensive, but it does include a free trip around the sun every year.

How long a minute is depends on what side of the bathroom door you're on.

Birthdays are good for you; the more you have, the longer you live.



## Jacob & Hefner Associates, P.C.

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### If It Circulates Air or Holds Water Clean It Now!

Save yourself tons of money by just putting around your house doing small chores. The time, travel and replacement savings you realize by taking care of what you already own can be substantial.

Winter is the season when large and small appliances require attention. Standing and evaporating water create destructive mineral deposits and items that circulate air clog with unhealthy dust and pet hair.

**Mineral/lime build-up** may be removed with commercial preparations or a 50-50% solution of white vinegar then clear water rinses. Everything will taste better once these are cleaned:

**Tea kettles and coffeemakers** become useless when dense mineral deposits overheat. The high heat destroys tubing, heating coils and weakens kettle bottoms.

Minerals accumulate around **faucets, handles** and on the sides and **drains** in all your sinks. If using commercial de-liming agents, immediately rinse all brushed or shiny finishes as they can leave discolored areas on metals. **Humidifiers**, attached to a furnace and free-standing models, are especially prone to mineral build-up which greatly decreases efficiency and wastes energy. Submerge the thin honey-comb "plate" (through which air is forced to quickly convert water to room humidity) in a shallow flat pan and soak in de-liming solution. Rinse thoroughly before re-using.

Turn off your **water heater**, drain into a floor drain. Run some clean water into the tank and drain again. This should flush excess mineral build-up out of the tank. Fill the tank again then restart your water heater but only to about 120°. (Higher temperatures only accelerate mineral build-up in the bottom of the tank that shortens the life of the heater.)

Keep your **dishwasher** in top shape. Every three weeks, run it empty through a cycle using a generous tablespoon of powered Tang® drink. Yes! This really works!

**Air circulating products clogged with dust or hair cause burn-out and higher energy bills.** When cleaning vents and replacing filters, be sure to use a cloth sprayed with something like Endust®, Pledge® or even dampened with water so the fine dirt sticks to the cloth. If you are using a vacuum, use the crevice tool to increase suction and start with a new bag or emptied dirt canister. (Tip: Whenever changing a vacuum bag, poke around in the cavity just before the bag opening with needle nose pliers. Remove pins, matted hair or threads before installing the new bag). If you use a vacuum to clean appliance vents, give them an extra wipe with a damp cloth to remove *all* the dirt.

Change **furnace** and **air purifier** filters. WASH **dryer** lint filters with soapy water and rinse thoroughly. Take protective grill off the bottom, front of **refrigerators and freezers**. Use a long thin brush and/or vacuum crevice tool to thoroughly clean. Wipe off inside and outside of protective grill before replacing. Vacuum **cold air/return air vents** as well as heat vents. Don't forget the small vents on your **computer equipment**. Clogged vents cause overheating and damage. Take note pet owners!

**Kitchen Tips:** Wash your **ice cube trays** with hot soapy water rinse and refill. Cubes will slide out easier.

Empty crumbs from **toasters and toaster ovens** and wash interiors and doors if possible. They will heat more evenly.



RAE BENZON  
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## MOVING?



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Remove and wash your **range hood's** vent filter in very hot soapy water to remove greasy clogs.

Can't identify the sour smell? Empty and wash your **waste containers** in hot soapy water. Thoroughly dry garbage containers place paper towel in the bottom and add a layer of baking soda to absorb and deodorize future leaks.

For great tasting coffee, de-lime **carafes** and use hot soapy water on **grounds baskets** to remove bitter oil deposits.

All of the above chores take only a few minutes to complete but can give your equipment new life. (You can even do many of these while on the phone!) When budgets are tight, think of preventive maintenance instead of expensive replacements.

### Plan Ahead Community Calendar:

#### February, 2006

- 20 Hampton Village Hall for President's Day  
Hampton School is OPEN
- 21 Village Board 6PM at Hampton Village Hall  
Hampton School Board Meeting 6:30PM at School
- 22 Spelling Bee 6:30 PM at Eagle Ridge School
- 23 Hampton Auxiliary 7PM at Firehouse  
Heritage Center "Birds of the Mississippi" 10AM  
Heritage Center "Finding your family roots" 7PM
- 24 Hampton School Early Dismissal at 11:30  
Parent Visitations 8:30-11:30AM
- 25 Hampton School PTA Annual Carnival!

#### March, 2006:

- 1 Ash Wednesday
- 6 Village Board 6PM at Hampton Village Hall
- 13 School Board Meeting 6:30PM at School
- 17 St. Patrick's Day
- 20 Village Board 6PM at Hampton Village Hall
- 23 Hampton Auxiliary 7PM at Firehouse

You cannot endow even the best machine with initiative.

— Walter Lippmann



**Dr. H. D. Bobb  
Dr. Armon Bert**

## **Bobb Chiropractic Center** **813-1st Avenue, Silvis**

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### **Thank You!**

#### **River's Edge Fellowship**

Barbara and Fred Smith write: "A sincere thank you to Pastor and Mrs. Dale McCaulley and the staff of River's Edge Fellowship, Hampton Heritage Center for doing God's work upon hearing of the death of my brother.

Your love, comfort and prayers to us and our family will always be remembered."

#### **Thank You Riverdale Class of 1995:**

We write this letter to say thanks to each and every one of you for your thoughts of kindness in remembering Salena at your 10 year class reunion. The basket of flowers that you sent was quite beautiful and to say the least a surprise. For you to remember her after all these years is heart warming. We will forever be grateful and could never express our gratitude towards you. Salena will be in our hearts forever as well as the Class of 1995. The card and picture you sent will be placed in our scrapbook of memories of Salena. Thank you ever so much. Love, Joe, Charlotte and Joseph

#### **Thank You Geifman Family:**

All of us using the East Moline Library would like to thank the Geifman Family for donating the piece of property between the Library and Derby Tech Computer Works on 16th Avenue to the Library for future expansion.

#### **Thank You East Moline:**

Thank you on behalf of the Hampton Heritage Center and the Village for the VARDA alarm system. Your generosity will increase the security of our Center.

Again, thanks to East Moline from the Hampton/Rapids City Police Department for the donation of a portable breathalyzer. On-the-spot testing is more accurate and a real time-saver for officers. Chief Robert Fuller and Trustee Jim Garrison held a demonstration during the February 6th Village Board Meeting. Thank You!

#### **Hampton Volunteer Firefighters:**

Thank you Volunteers for helping to make the Annual PTA Carnival special by creating a Haunted House this year. The kids are going love it. Halloween is always made fun by your haunted house but one in February is REALLY exciting!

### **Living Will**

A man and his wife were sitting in the living room and he said to her, "Just so you know, I never want to live in a vegetative state, dependent on some machine and fluids from a bottle. If that ever happens, just pull the plug."

His wife got up, unplugged the TV and threw out all of his beer.

"If you cannot catch a fish, do not blame the sea" Greek Proverb  
"It is not for the blind to give an opinion on colors." Italian Proverb  
"Trust in God, but tie your camel." Persian Proverb  
"Measure forty times, cut once." Turkish Proverb

### **Birthdays & Anniversaries**

Belated best wishes to those with **January Birthdays**

2 Angela Cady  
4 Sharon D. Muench  
Tami Gerard  
6 Jolynn C. Cook  
7 Helen Steiger  
Marge Greene  
11 Diana Cox  
13 Anita Gillespie  
17 Denise Braddy  
Abby Arp  
18 Benjamin Gillespie  
Kristy Baker  
19 Earl Bull  
20 Nathan Ross  
Donna Cady  
21 Sarah M. Becker  
25 Jack Coder  
27 Amanda Kruse  
29 Douglas Becker  
30 Gretchen Bull  
31 Jeanne Rentz Jahn

17 Grady Cornelius  
Betty Knapp  
18 Robert Cox  
19 Johnny Gillespie  
22 Bill Bridges  
28 Kay Easey  
Mary Richardson

#### **March Birthdays**

2 Julia Severtsgaard  
3 Sophie Diaz  
10 Alicia Diaz  
12 Mary Johnston  
13 Franciska Rasmussen  
14 Shirley Bideaux  
Pearl Marvin Johnston  
Mickey Q. VanDieren

#### **Anniversaries**

Belated Happy Anniversary wishes to those wed in **January**  
24 Ralph & Diana Cox

#### **February Birthdays:**

6 Sandy Carmack  
10 Roger Greene  
11 James Braddy  
Amy Henrichs  
12 Ann Eliza Haertjens  
Happy 96th!  
Jim Oltman  
13 Bill Weiss  
14 Bette Eggerichs  
15 Larry Eiman

#### **February Anniversaries:**

1 Carl & Sandy Clark  
3 Richard & Shirley Bideaux  
5 Bob & Nancy Gardner  
14 Bryan & Angela Cady  
Theresa & Don Isenberger  
21 Kathryn & Glenn Meeker

#### **March Anniversaries:**

12 Roger & Susanne Greene

If a statue in the park of a person on a horse has both front legs in the air, the person died in battle. If the horse has one front leg in the air the person died as a result of wounds received in battle. If the horse has all four legs on the ground, the person died of natural causes.

"Six feet of earth makes us all of one size." Italian Proverb  
"Fault denied is twice committed." French Proverb  
"Never send a chicken to bring home a fox." Irish Proverb  
"To lose a friend, make him a loan." Greek Proverb  
"Do not hit the fly that lands on the tiger's head." Chinese Proverb

Our five-year-old son Mark couldn't wait to tell his friend about the movie we had watched on television, "20,000 Leagues Under the Sea." The scenes with the submarine and the giant octopus had kept him wide-eyed. In the middle of the telling, my husband interrupted Mark, "What caused the submarine to sink?" With a look of incredulity Mark replied, "Dad, it was the 20,000 leaks!!"

## Jennie Bleuer Celebrates 103rd Birthday!



She is a tiny, feisty, blue eyed lady who now lives at Aspen Rehab and Health Care in Silvis. She is in a wheelchair and wears a special device for hearing but she can play the piano, sing, play cards, and carry on a great and funny conversation. She has a wonderful sense of humor and likes people. Jennie will be 103 years old on March 16, 2006!

Jennie Crosby was born in 1903, the first girl after four boys. There were eventually ten children in the family. Jennie married Harold Bleuer on November 20, 1921. Hers was the first marriage at Gloria Dei Presbyterian Church at 4200 12th Street in Rock Island and, today, she is very proud to say that she is the oldest (and only) living charter member of that church.

Jennie and Harold had five children..... Patricia Carpenter, John C. Bleuer, Wilma Hallenbeck, James W. Bleuer (deceased) and Jeanne Bleuer.

Until the age of twelve, Jennie lived near the Cotton Mill on 51st Street. After her father died when she was only 13, they moved to the family homestead at 4100 9th Ave, in the area called "Searstown". She'll tell you there was a well and a cistern near her childhood home and how they had to walk about a mile to get water from the well.

Jennie knew the John D. Sears family. He was a wealthy property owner back then. She and his daughter, Margaret Sears, were born on the same day. Jennie remembers Pates Grocery Store being where 9th and 11th Streets come together. The Sears Post Office was located in the grocery store and the Sears Town Hall was on 48th Avenue, just off of 9th Street.

In school, she remembers the children using slates. Her favorite teachers were Miss Ella Mitchell and Miss McQuaid. The school was located at 9th Street and 45th Avenue and is now an apartment building.

Jennie's father worked at the Sash and Door Works and was paid the sum of \$5.00 a week. Their rent was \$5.00 a month. She had two dresses that she alternated. Her mother washed clothes on a washboard. She still remembers her Dad carrying her to Sunday school. Sometimes, he would take her to town and buy her a "happy thought" --- an ice cream banana split.

Jennie was the only one in her family to take piano lessons. She recounts being a "spoiled brat"! Her piano teacher was Della Pemberton. The lessons were 50 cents each. Her father would listen when she practiced. She had to quit taking lessons when he died.

Jennie has many stories about her childhood and loves to tell them. Some of the information in this story was taken from an interview by Diana Alm and Alexandra Benedict that was done in December of 2002.

These days, Jennie sits in the hallway in her wheelchair and gives everyone who passes by a sample of her humor - a song, a cute remark, a funny face with her tongue sticking out or just a beautiful smile. She is truly a sweetheart and adds some "spice" to the nursing home. If someone asks who she is, we say that "Her name is Jennie and she will soon be 103!"

Some mistakes are too much fun to only make once.

To his dog, every man is Napoleon; hence the constant popularity of dogs.  
- Aldous Huxley

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Italian meatballs gently smothered in a zesty marinara topped with melted provolone and sprinkled with our four-cheese blend.

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Thinly sliced beef and onions with melted provolone and cracked peppercorn sauce.

**Whole Grain**  
Bread Available

**Grilled Chicken Marinara**  
Grilled chicken strips with melted provolone, tomato basil marinara and mozzarella.

**0g Trans Fat**

**Blimpie**

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A Realtor showing a couple a house about to fall down made a slip of the tongue: "You can do a lot with this place if you're handy with money."

# ANTIQUES BY EVELYN

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We could learn a lot from crayons:  
 some are sharp, some are pretty,  
 some are dull, some have weird names,  
 and all are different colors....but  
 they all exist very nicely in the same box.

A truly happy person is one who can enjoy the scenery  
 on a detour.

## The Mystery Trip By Franciska Rasmussen

At the age of seven years, my first communion was to be soon. The dress and the shoes were bought and also the veil. when the veil was put on my head somehow, it just did not look right. I had straight, white, Dutch-Boy-cut hair. Looking back, the closest thing I can use to describe it is a white wash brush --- ugly.



The family must have thought this also because one day, my godmother took me to a place in Silvis,. We went up stairs in a lady's house. She shampooed my hair and cut it, which, was O.K. But then she started winding things in my hair that hurt. I wanted to tell her to stop but my godmother was glaring at me so I didn't. When all the funny looking pieces of hardware were finally in place and when I looked in the mirror, I couldn't believe what I saw.

Ah, but that was only the beginning! As she took me across the room to a weird looking machine which had clips and wires fastened to them and all the wires went back into the machine. When I was set down the clips were fastened to the hardware on my head. With all this completed, the electricity was turned on. It smelled like my hair was on fire and it was very hot. I was so frightened I sat there like a wooden doll. All this time, no one told me what was going on or why I had to have all the wires going to my head.

Things finally came to an end and the little girl in the mirror did not look like me. I thought it was someone else. At my return home I was told how pretty or beautiful I looked and that was very nice but what pleased me most was when I would pull one of the tiny girls - zap - it would spring back.

I stood in front of the mirror and pulled one curl and then another just to watch them spring back. As big an occasion as the first communion was, the curls were equally important as I had always wanted curly hair like my sister and now, I had curls, lots and lots of them. There is one thing that bothers me to this day, and that is why it is called a "permanent" 'cause it wasn't. I still have straight hair which means I go to the beauty shop and once again, it is white.

**Granny Used to Say:** "Eat your bread crusts and your hair will be curly"

Not True! Naturally curly hair is determined by heredity only. Until the 1960's, curly hair was always favored over straight. Women would go to great and sometimes painful lengths to curl their hair. In the Near East, women of ancient times used wet clay to shape the hair, let it dry then combed out their waves locks. Ancient Greek women used a curling iron which was revived in the 1870's by a Frenchman named Marcel Grateau. His famous hair style of the time was called the "Marcel Wave."

Since then, women have used twists of rags and metal curlers that they left in overnight or worn under a headscarf. 1906 London saw the first "permanent waves introduced that used borax paste and brass curlers weighing over 24 pounds that had to be left in for 6 hours! It is a wonder that "perms" caught on at all! 1945, the first "cold perm" was marketed and anyone that every had one of the Toni® home perms will remember the overpowering, eye watering smell of ammonia that filled the house during that beauty ritual. Whew!

## Hampton Historical Society

The Hampton Historical Society is looking for new individual members **and** family groups interested in having fun and participating in a full schedule of exciting historical activities.

The Society maintains and operates the **Brettun & Black Store Museum** on First Avenue at 6th Street, **holds free get-togethers** featuring local speakers and this year, Rocky Nelson, the Society President will be holding **monthly classes at the Hampton Heritage Center** on "Finding your Family Roots".

This year, the **Museum needs guides and story tellers** on the weekends because **hours have been expanded** to 2-5PM on Saturdays and Sundays. Also, in 2006, the Museum will be open in early May rather than Memorial Day.

The Popular **Memorial Day Ceremony** held at the Soldier's Monument on First Avenue will need scouts and/or Veterans as color guard members. Did you ever wonder who puts flags on the graves of Veteran's in the Hampton Cemetery? The Historical Society and volunteers that wish to honor those who served.

In 2005, the Society refurbished the **GAR Veteran's Plaza** at the main entrance to Hampton Cemetery on 4th Street. The Plaza features a podium containing a list of all the Veteran's in some way connected to Hampton and on holidays, the Society makes sure the flag flies in the honor of our soldiers.

Guides and Story Tellers learn "on the job" with an experienced Historical Society member. Members choose which weekends they want to watch over the museum and if high school or college students need to **accumulate "community service hours" in order to graduate**, we will contact schools and write verification letters for that purpose.

This September plans are developing for a region-wide **"Grand Excursion"** (similar to the one in 2004) commemorating the **150th anniversary of the first railroad bridge over the Mississippi**. Hampton will participate in this 9/14-18 Event with:

**An Apple Festival on September 16th.** Many new activities will be planned if there are enough volunteers/members to run them.

It is the **100th Anniversary of the Hampton Village Hall** where we hope to have tours and story tellers that will help visitors at the hall and the Soldier's Monument. Volunteers are needed that like people and want a very interesting 2006.

**FEB. 15, 7:30 PM come check out the HHS** at the Methodist Fellowship Hall at 2nd Ave. at 4th St. Bill Hannan of Black Hawk College will speak on: "Cemeteries are not for the dead".

Anger is never sudden. It is born of a long, prior irritation that has ulcerated the spirit and built up an accumulation of force that results in an explosion. It follows that a fine outburst of rage is by no means a sign of a frank, direct nature.

— Cesare Pavese

**Emergency Tip:** If the predator has a gun and you are not under his control, ALWAYS RUN! The predator will only hit you (a running target) 4 in 100 times; And even then, it most likely WILL NOT be a vital organ. RUN, Preferably! in a zig-zag pattern!

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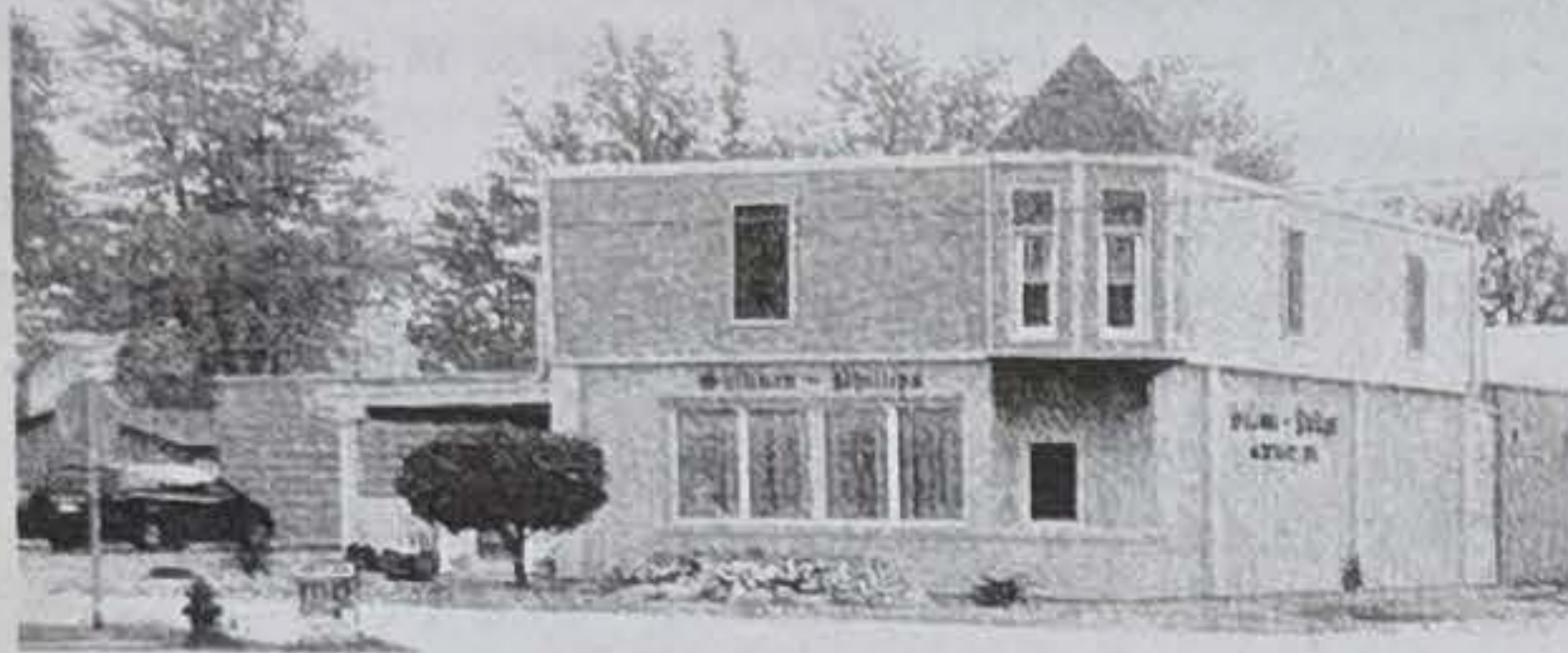
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### The Year of the Dog

The Chinese culture uses a 12 year cycle much as the West makes use of the 12 signs of the zodiac during a single year. Each year in the 12 year Chinese cycle is associated with an animal:

**Dog (2006), Rooster (2005), Monkey (2004), Sheep (2003), Horse (2002), Snake (2001), Dragon (2000), Rabbit (1999), Tiger (1998), Ox (1997), Rat (1996) and Pig or Boar (1995).**

According to the Chinese calendar, 2006 is the year of the Dog. (1922, 1934, 1946, 1958, 1970, 1982 and 1994 were also years of the dog on their 12 year cycle.) Those born during a specific year are believed to take on the attributes of the character for that year.

Those born in any Year of the Dog are believed to possess the best traits of human nature. They are honest, inspire other people's confidences because they can keep secrets and they are especially loyal. At the other end of the scale, they can also be selfish, extremely stubborn and at times eccentric. Although they always seem to have money, they are not preoccupied with wealth. They can appear unemotional and at parties keep their distance. They can be discerning, critical and sharp-tongued as needed so usually make good leaders.

*People born in the Year of the Dog are most compatible with those born in the Years of the Horse, Tiger and Rabbit.*

On the list above is the last year for each sign. Subtract in multiples of 12 to see which animal's sign applies to you, then, go to <http://www.c-c-c.org/ChineseCulture/zodiac> for detailed information about the Chinese Zodiac and a description of all the animal attributes.

**Safety Tip:** Women especially, try to be sympathetic: STOP. It may get you raped, or killed. Ted Bundy, the serial killer, was a good-looking, well educated man, who ALWAYS played on the sympathies of unsuspecting women. He walked with a cane, or a limp, and often asked "for help" into his vehicle or with his vehicle, which is when he abducted his next victim.

**If Wal-Mart is lowering prices every day, how come nothing is free yet?**

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### Obituaries

**Dale A. Hofstetter**, 72, formerly of East Moline, passed away December 15th in Spruce Creek Preserve in Ocala, Florida. Dale was born June 6, 1933, the son of Harold and Theodosia Hanewacker Hofstetter. He married Mamie Lou Brown in 1971.

Mr. Hofstetter retired after 22 years of service as a computer analyst with Deere & Company in Moline. He enjoyed golfing, bowling, playing cards and being with his family. He will be missed by his friends and extensive, multi-generational family.

**Erma DeDonker**, 79, of Hampton passed away on January 18, 2006 at her home. Erma was born January 22, 1926 in Phoenix, the daughter of Victor and Louise MacMurrian Huyvaert. She married Ernest L. DeDoncker in 1946 in East Moline. (He died in 1999.)

Mrs. DeDoncker retired in 1988 from AMETEK to enjoy her gardening, going for walks and traveling. She will be especially missed by her grandson Mark. She is survived by daughters Diana Carson and Carol (Mrs. Mike) Roberts, sisters Doris Schulte, Katherine Schorpp, Margaret and Vicki Sue and brother Lawrence. Our condolences to her extended family.

**Walter P. Evans**, 88, of Hampton passed away January 20, 2006.

Walter was born November 20, 1917 in Muscatine, Iowa, the son of Steve and Ann (Huber) Evans. He married Delores Holder in 1942. She died in 1980. He then married Evelyn Schroeder November 20, 1985 in Hampton, Illinois

Walter worked at Alcoa as roll grinder for 28 years, retiring in 1980.

In WWII, Walter served in the Navy and was a member of Isaac Walton League and East Moline American Legion Post #227. He enjoyed fishing, music and dancing.

Mr. Evans is survived by his wife Evelyn, son Paul, Stepson Ralph Nagel, Stepdaughter Ann Martin, 2 Stepgrandsons, brothers Ralph, Ron and John and Sister Phylis. He is preceded in death by his parents, brother, Vaughn and sister Betty E. Lord.



## What Happens During Water Main Breaks

### Why winter water main breaks? Water expands as it freezes

The major cause of water main breaks this time of year is the movement of the ground as the frost extends below the surface, causing a swelling of the ground as it freezes. This swelling is even greater in soil that is saturated with water. The expanding frozen water displaces dirt and the movement of the ground creates stress on the underground pipes causing them to crack and rupture. Although water lines are below the "frost level", it is the movement of the ground above putting pressure on the ground below that causes the stress to the pipes. Much of this area has been developed around ravines and bluffs making water systems complex and as they age, maintenance problems are multiplied. Additional breaks might occur in the spring as a result of the drought conditions and as the frost comes out of the ground, it warms and the ground moves and settles.

### Water Systems – pipes & water towers similar throughout area

For Hampton, water comes from East Moline through two (2) main lines that feed the Village. One line comes up 158th Street from our pump house and is pumped into the water tower. The other source which is rarely used since the construction of the new tower, is along Route 84. The old pump house at Route 84 and 5th Street contains a pressure reducing valve. This valve reduces the pressure of the water coming down the hill from the water tower to 70 pounds. Without the valve, the pressure would exceed 100 pounds in areas below the hill which is far too high for most homes and businesses.

### Repair process similar throughout area

When a water main break is discovered, there are many things that must be done in preparation to make the repairs. J.U.L.I.E. must be called to notify the other utility companies to come out and mark the location of their utilities. Equipment must be assembled and transported to the site, pumps, hoses, repair clamps, etc. Once these things are done, digging can begin. While all this is going on, some may experience low pressure or no water at all.

*Needless to say winter conditions are miserable at best. Equipment freezes up and does not work as efficiently as it does in July. Neither can the people doing the work. As the hole is dug, it fills with muddy water which must be pumped out so the backhoe operator can see to dig. In some cases, other buried utilities are in the area, gas, phone, cable, electrical so, digging is slow and tedious. As the hole gets deeper, the sides have a tendency to cave in. In order to avoid more damage to the water line hand digging of mud with shovels is required. This all takes time, often hours.*

During this location and preparation phase of repairs, the water is probably still on, but as the leak is exposed, the water coming out of the pipe at 70 pounds of pressure interferes with the excavating. If the pump or pumps cannot keep up with the water flowing into the hole, the water must be shut off. Trying to isolate the water reduction/shut off to the immediate area of the leak is, at times,

impossible. Many of the valves in our area are aging to the point where some do not shut off completely, or not at all. Opening a nearby fire hydrant might reduce the pressure enough to continue with the repairs. If not, a valve must be shut off to stop the flow of water to the area where the leak is.

Only after the break is exposed, can the situation be assessed. Most times a repair clamp can be installed to stop the leak. Sometimes, the pipe is too badly damaged for a repair clamp and a section of pipe must be purchased, the bad section cut out and the new section installed. None of this can be done until the leak is exposed. Once again, it could take hours just to get to this point once the digging has started. If a clamp is installed, the section of pipe must be cleaned so that the repair clamp will seal the damaged area. (Keep in mind this challenging work is being done in the bottom of a 4-5 foot deep mud hole, in the cold, with the sides caving in, and water seeping out of the sides.)

If a section of pipe is needed it must be purchased because most municipalities cannot afford to stock all the various types and sizes of pipe that may be needed. Once the repair is made, it must be tested to make sure it does not leak.

There are Illinois Plumbing Codes and Environmental Protection Agency Rules that govern many actions both during and after a water main break. Boil orders are an inconvenience but are necessary until your water is once again safe to drink. When water is shut off or pressure is reduced below a certain point, ground water could seep into the system that contains bacteria. Lines are flushed to make sure there is no bacteria in the lines and samples are taken to a lab for analysis. *Each sample takes 30 hours to analyze. If the boil order effects more than 50 customers, 2 samples 24 hours apart must be taken and analyzed.*

In Hampton, when a break involves fifty (50) or less homes, a notice will be placed in door. When the break involves a large area all TV stations and the Dispatch and Times are notified. Although usually helpful, they are in control of items broadcast or printed. Most of the time, your town hall doesn't have detailed repair information finding it best to let the crews do the work as quickly as possible. Drive-by questions and visitors to a work site are always discouraged due to safety concerns.

All water main breaks regardless of location follow the same repair process to restore water service as quickly as possible however, every break is unique, every work location a different challenge. Knowing a little more of the gritty details, you can see why patience is required on everyone's part as the only way to overcome the constant struggle between nature and water pipes.

The status of Hampton repairs and boil orders are available on the Village web site: [www.hamptonil.org](http://www.hamptonil.org). Any time, 24 hours per day, you can call 755-7591. There is a recorded message that will update you on the latest Hampton boil order status or the status of repairs as they are known. Most communities have similar website and telephone information lines for their local up-dates.

## New Supervisor of Public Works for Hampton

During a special Village Board meeting on January 23, 2006, the appointment of Scott McKay was approved as the Supervisor of Public Works for Hampton through April 30, 2009. Mr. McKay replaced Michael Kellums who resigned the position. Below, Michael Toalson, Village Clerk administered the oath of office.



## People

**Aaron Nutt** of Hampton is a 2005 UTHS graduate and Eagle Scout has recently completed U.S. Navy basic training and was meritoriously promoted to his current rank at Recruit Training Command, Great Lakes, Illinois. Aaron is the son of Carol and Wesley Nutt of Hampton. Congratulations Aaron.

**Army Spc. RJ Roach**, husband of Nikki Tapia-Roach, Hampton, has made a safe return to Vilseck, Germany after a year of service in Mosul, Iraq. RJ will be returning home for a 17 day break on Feb.10th. Thank you RJ for everything you've done. We are so proud of you!

Angelus Management Services, Inc announces the hiring of **Brett Dotter as Community Relations Director** for Angelus Retirement Community at North Hill at East Moline, 1451 20<sup>th</sup> Avenue. Mr. Dotter comes to Angelus with an extensive background in community and housing development. The Community provides independent and assisted living services that enable residents to be active while receiving the supportive services they need to remain independent. (Angelus was constructed on the former site of United Township High School, north campus).

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**Home Fire Action Plan** from Liberty Mutual Insurance Co.

During Fire Prevention Week, falling annually in October, the media is filled with helpful information but during this season of fires caused by supplemental heating appliance, a reminder is in order. Here are 8 simple steps that cost little or nothing but might save your life:

1. Place smoke alarms on every level of your home. Test them monthly, change batteries twice a year and replace alarms every 10 years. Working smoke alarms cut chances of dying in a fire by nearly half. Carbon Monoxide detectors are also strongly recommended, especially if you are using a fireplace or non-electric heaters.
2. Keep fire extinguishers in your kitchen, by the furnace and in the garage, and make sure you know how to use them.
3. Have your chimney and fireplace professionally inspected each year. Creosote coats the inside of chimneys and can start a fire.
4. Never leave food cooking on a stove-top unattended. Cooking fires are the number one cause of home fires and home fire injuries.
5. Don't overload electrical sockets. Throw away frayed or worn extension cords. Repair frayed cords on lamps or appliances or replace the items.
6. Keep space heaters at least three (3) feet from rugs, curtains and other combustibles. Always turn them off when you leave the house or go to sleep.
7. Never leave a burning candle unattended or near flammable material. Home fires caused by candles have doubled in the last decade.
8. Develop and practice a home escape plan. Make sure every family member knows two ways out of the home.

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**SOUTH MOLINE TOWNSHIP SENIOR CENTER EVENTS**

February-March, 2006

Open Monday through Friday 9:00AM to 3:00PM Paid reservations for the following special events must be received at least a week in advance

*The Center will be closed Tuesday, March 21st for the Primary Elections*

**Feb. 13 & 27 and March 13 & 27: Lunch Box Bingo, 11:00 a.m.** Cost \$10.00 per day. Seating is limited so paid reservations must be made a week in advance. Paper bingo follows lunch. Bring your own daubers. If you bring a canned food item(s) for the Quad City Food Pantry, you'll receive "Pantry Pack" bingo sheets FREE.

**Feb. 20: 1:00-3:00 p.m. Rules of the Road**

**Feb. 22 & March 29: Lite Lunch and Cards 11:00 a.m.** Cost \$5.00 Cards & games follow lunch. Bring your own foursome

**March 1: Euchre Tournament 11:30 a.m.** Cost \$5.00 Played according to Hoyle Rules. Men & Women welcome

**March 8: 500 Tournament 11:30 a.m.** Cost \$5.00

**March 24: Trinity Food Care Clinic, 9:00 a.m. to Noon.** Cost \$22.00 that is NOT covered by Medicare or Medicaid.

An appointment is required and advance notification of any cancellation is required. Bring a washcloth and 2 towels.

**Free Tax Preparation Assistance sponsored by AARP. Each Tuesday and Thursday 1:00-4:00 p.m. from February 1 through April 13, 2006**

All are welcome at the South Moline Township Senior Center. You do not need to live in Moline, East Moline or Silvis. Residents of all the local communities are welcome. Please visit the easy-to-find building and check out the facilities. We welcome the opportunity to become your meeting place to share good times!

**EVERY WEDNESDAY: T.O.P.S. Club IL#450** (Take Off Pounds Sensibly) Weigh-in starts at 9:00 a.m., meeting follows

**637 - 17th Avenue, East Moline 309-752-2643** This non-smoking, no-alcohol facility is available for rent. Call 755-3332

## Rocky Nelson's Historical Perspectives

### The Twisted History of Pretzels

When I'm sitting around watching TV in the evening I often get hungry for a snack. That is probably no surprise for those readers familiar with my rotund physique. One of my favorite snacks is pretzels, maybe with a tasty dip. I prefer the little ones, kind of round and with sort of an X in the middle. They come in other shapes and sizes; circles, straight sticks, screw-like sticks, etc. Me, I stick with the traditional. Recently I found out that pretzels have significance historically.

The whole thing can be traced back to 610 AD. An anonymous monk in southern France or northern Italy, was making unleavened bread (that means no baking soda or yeast for you culinary challenged readers). He had some strips of it left over. Being a rather playful sort of monk he twisted the strips into various shapes. He liked best a pattern that looked like arms at prayer. At this time people prayed with their arms folded and hands resting on their chests. He baked a few, thinking it would be nice to give them to children for doing well in catechism class. He called them *pritiola* which means "little reward". The kids loved them and they caught on. Adults liked them too, changing the name to "*brachiota*" which means "little arms". The idea spread through Europe and the Germans made the final adjustment in the name by calling them *bretzel* or *pretzel*.



The little snack has often been associated with religion and often with health and prosperity. In Swabia there is a custom going back to the year 1480. On Shrove Tuesday, the day before the beginning of Lent, all the men who had been married in the past year were ducked in the city fountain. Then the dripping husbands participate in a parade ending in a feast of candy and pretzels. Elsewhere in Germany people celebrated with a feast of pretzels and eggs on Good Friday. On Easter parents would hide pretzels and eggs for their children to find. Forerunner of the modern Easter egg hunt.

In 1510 the pretzel helped change history. Vienna was under siege by the Turks. Vienna's pretzel bakers worked at night. They heard the sounds of burrowing under ground and it was found that the Turks were digging a tunnel under the city's wall. The discovery prevented the city from being taken. The emperor rewarded the pretzel bakers with a coat of arms featuring a shield decorated with a pretzel.

In Switzerland newly wed couples would wish over a pretzel, and then break it. The spouse with the biggest part would have their wish granted. Some believe this was the origin of "tying the knot". Personally, I think that's a bit far out.

Pretzels have often been given to the poor and even put in the coffin when someone was buried. Again, I personally think that's a bit much. Pretzels may have come to America on the Mayflower, but we aren't sure. We are sure they came to America with the Palatinate Germans. They settled in Pennsylvania, and their English neighbors called them "Pennsylvania Dutch". They had numerous pretzel recipes.

Up till the late 17<sup>th</sup> century, pretzels were rather soft like the big ones they sell at the mall. One Pennsylvania baker fell asleep while baking a batch of pretzels. When he woke up he found the fire was almost out. He started the fire again to bake the pretzels longer. When he tried them later, they were hard and crusty. He was about to throw the whole batch out, when it came to him that though they were hard they were still tasty. He had discovered something that revolutionized the pretzel industry. For one thing they kept better than before. So these are the pretzels we eat today. Today, Pennsylvania is the pretzel capitol of the US.

So, next time you indulge in a fistful, recall the long history of the little treat.

**Safety Tip:** Women have a tendency to get into their cars after shopping, eating, working, etc., and just sit (doing their checkbook, or making a list, etc. DON'T DO THIS!) The predator will be watching you, and this is the perfect opportunity for him to get in on the passenger side, put a gun to your head, and tell you where to go. **AS SOON AS YOU GET INTO YOUR CAR, LOCK THE DOORS AND LEAVE.**

## CANDY BAR CAPER

By Mary Lou Schaechter

As Housing Secretary at a college, I was assigned two reports to be completed each month within the first five days. The first report was completed by combining the answers to a form filled out by 23 Resident Assistants, who were student employees in the dorms. The second report required forms filled out by five Hall Directors who were mature people hired to supervise each dorm.



No matter how many times I sent reminders or phoned them, most of the time they would not turn in their reports. I had no authority to force compliance and my boss, who could have demanded they do so, took no action. I decided to try motivation. Purchasing ten different candy bars with my own money, I stocked my desk. Then an announcement was sent to the Resident Assistants that the first one to return their form would win a candy bar. Wow! The day they were to return forms, several came rushing to the door to be first; then the winner ate it slowly in front of those who were late. It worked and they tried harder each month to be first.

The Hall Directors came to me and asked if they could compete for a candy bar also. Surprised at their request, I agreed. From then on my reports were easy to complete. The only difficulty was when two employees collided in the doorway trying to get in first and both wanted the candy bar. I usually gave out two when that happened even though they did not enjoy it as much.

Who would have believed a candy bar could be so powerful?

**Emergency Tip:** If a robber asks for your wallet and/or purse, DO NOT HAND IT TO HIM. Toss it away from you....chances are that he is more interested in your wallet and/or purse than you, and he will go for the wallet/purse. RUN LIKE MAD IN THE OTHER DIRECTION!

## Jammin' With Jane Nelson

Tomorrow begins the shortest month of the year. To me the months seem like weeks the years like months. The older I get the faster the time flies by. I know when I was a kid it seemed like it took forever for the summer vacation to arrive and the summer moved faster of course - it was shorter. What wonderful summers we used to have even with no air conditioning. Our Valentines Days were great too. We used to make valentine boxes to hold all the valentines we got. I was always looking forward to the day with great anticipation. I always thought of having a boyfriend and getting a box of chocolates or a lacy valentine to keep. When I started to go with Rocky it was in October, so by February I thought my dreams would come true. I had to work as a babysitter on Valentines Day and Rock came over to study. It was at Illinois State. We were both in college. Of course you guessed it, no valentine. When I mentioned it while giving him a nice gift, he took his geometry paper from his book and drew me a Valentine. It was a far cry from what I had always dreamed. I did save it and I think I might frame it some day for all to see. I will have to say he has done better in his old age.

In fact the other night we were a little short on groceries, I found a recipe for which we had all of the ingredients. It was very inter-esting and something you may wish to try. It was from a copy of "Family Circle" magazine. We made a third of the recipe enough for two.

### CHIAQUILES

- |                                                                                           |                                                                              |
|-------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|
| 15 5-inch Corn tortillas, cut into 1-in strips. I would cut them in about 1- inch pieces. |                                                                              |
| 2 T Corn oil                                                                              | 3 Garlic cloves minced                                                       |
| 1 Medium sized onion, diced                                                               | 4 Jalapenos, stemmed seeded and minced(you could use a can of green chilies) |
| 2 c Chicken broth                                                                         | 6 Eggs lightly beaten                                                        |
| 3 Cans ( 14 ½ oz each) diced canned tomatoes                                              | ¼ t Black pepper                                                             |
| ½ t Salt                                                                                  | ¼ c Sour cream                                                               |
| 2 ½ c Shredded Monterey Jack cheese                                                       |                                                                              |
| ¼ c Chopped fresh cilantro leaves                                                         |                                                                              |

1. Heat oven to 350°. Spray 3 baking sheets with non stick cooking spray. Place tortilla strips on baking sheets in a single layer. Bake for 15 minutes or until crisp. Remove from oven and set aside.

2. While this in the oven, place oil in a large skillet over Medium-high heat; add garlic, onion, jalapenos. Cook, stirring 3 minutes until softened. Drain the liquid from two of the cans of tomatoes and discard; add tomatoes to pan. Add the third can with the liquid; cook 5 minutes until softened. Stir in broth. Bring to a boil, then lower heat and simmer 20 minutes until thickened. Remove pan from heat; stir in beaten eggs, salt, pepper.

3. Coat a 13x9-inch baking dish, with a little sauce. Put half of the tortilla strips on top of the sauce and spoon half of the sauce on top. Sprinkle with half of the cheese. Repeat layering.

4. Cover with foil and bake 20 minutes until the cheese bubbles. Cool slightly, serve warm or at room temperature. Can be baked ahead, cooled, covered and refrigerated for several hours. To serve, let stand at room temperature briefly, then reheat at 250° until warmed. Cut into squares for serving, put out sour cream and cilantro as garnishes.

We usually only use cranberries during Thanksgiving and Christmas, I have a package left from Christmas. I meant to make a salad and didn't get it done. I found this recipe and I think I will give it try. After all cranberries are red and they should be great for Valentines Day.

#### CRANBERRY PEAR CHUTNEY

2c Fresh or frozen cranberries

¾ c Frozen unsweetened apple juice concentrate, thawed

1 Pear, peeled and cubed

½ c Raisins

In a saucepan, bring cranberries and concentrate to boil. Cook and stir for 5 minutes. Add pear and raisins; cook and stir until berries pop and pear is tender, about 5-7 minutes. Pour into a serving bowl; refrigerate overnight. Yields 2 Cups

The following is a cake that the Methodist Ladies served at one of their luncheons. I thought at the time it would really be great for Valentines day. I got as a gift from Martha and Merlin these new plastic looking pans for a heart cake and cup cakes. I think I will use them and make this cake.

#### STRAWBERRY PECAN CAKE

1 box White cake mix

2 box (3 oz) Strawberry Jell-O

½ c Cooking oil

½ c Milk

4 Eggs

1 c Frozen strawberries or fresh

1 c Coconut

1 c Pecans

#### FROSTING

1 Stick margarine

1 lb Powdered sugar

½ c Chopped strawberries

½ c Coconut

½ c Pecans

Combine cake mix and Jell-O. Add oil and milk. Add eggs one at a time beating after each. Add remaining ingredients and pour into three layer cake pans or a 9x13 pan that has been greased and floured. Bake at 350° for 30 to 40 minutes or until the cake tests done. Frosting; cream sugar and margarine. Add the remaining ingredients and frost the cake.

Have a great February and memorable Valentines Day. I have a very busy week with Historical Society meeting, a speech for the home economists and rolls and coffee get-together for Andrea Zinga.

#### Doing it the Old Fashioned Way

**"To Remove Tar:** Rub well with clean lard, afterwards wash with soap and warm water. Apply this to either hands or clothing."

**"For Preserving Eggs:** To one pint of unslacked lime and one pint of salt, pour one pail full of boiling water; when cold, pour over the eggs, having placed them in a jar or tub, with the small end of the egg down."

**"Hard Soap:** Six pounds of clean grease, six pounds of Sal Soda, three pounds of stone lime; slake the lime and put it into four gallons of soft water; add the sal soda, and when dissolved let it settle. Pour off the water into an iron kettle, and add the grease melted and boil. If the soap does not come after boiling a few minutes, add more soft water till it is of the consistency of honey. Wet a tub and pour the hot soap into it. when cold, cut it into pieces and lay it away to dry. Always make soap in an iron kettle." [This type of soap is what would be loaded into the "soap swisher" featured as our mystery item several months ago.]



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A woman said to her friends while out to lunch at a fancy restaurant: "George and I like the same things, only he likes to save it and I like to spend it."

## For Your Health



**Abdominal Aortic Aneurysm Screening** announced by Genesis Medical Center on January 23rd caused a flood of calls for appointments. So many that they added new dates to accommodate callers. February 2, 9, 16 and 23 have been filled. The added dates are March 2, 9, 16 and 23. The cost of the ultrasound screening is only \$35.00. All screenings will be held from 1-5 p.m. at the Genesis Heart Institute, 1236 Rusholme Street in Davenport. **Call 563-421-1020.**

"We will keep scheduling these important screenings until everyone who wants to be screened has been screened," said Karen Doy, Supervisor of Genesis Cardiac Rehabilitation. "We've been pleasantly surprised and encouraged by the public response."

What is an Abdominal Aortic Aneurysm (AAA) anyway? It is a weakened spot in the main artery running from the heart to the legs. There are few symptoms so few screenings are done in the US although more than 9,000 Americans die each year when the weak spot unexpectedly ruptures.

If screening shows AAA, surgery can repair the problem like Bob Dole did. If a rupture occurs, like it did for Lucille Ball and George C. Scott, your chance of survival is only 10-25%. Prevention is by far the best course, starting with a screening using ultrasound, a non-invasive and painless test.

**If you have high blood pressure, smoke, are male, are age 55 or older or have a family history of AAA, call for an appointment soon. It might be the best \$35 you have ever spent!**

### Low Cost Cholesterol Screenings Sponsored by the Dispatch and Rock Island Argus

Taking the responsibility for our own health starts with taking advantage of screenings whenever possible and having the results sent to your doctor. Having a heart attack is terrible but becoming disabled with a stroke is a calamity.

These screenings will result in a reading of both your HDL and LDL Cholesterol levels. You should be tested if there is a history of cardiovascular disease in your family and you are a man over 50's or a woman in your 60's. If anyone in your family had cardiovascular at an early age, consider a screening is you are in your 40's, especially if you smoke.

Call Trinity's "My Nurse" at 309-779-2000 or 877-242-8899 to schedule an appointment at any of the following: Cost is only \$15 per person and you must fast for 12 hours before the test.

- Feb. 13:** 6:30-9 a.m. Rock Island Fitness & Activity Center, 4303 24th St. in Rock Island.
- Feb. 14, 20 & 27:** 8-10 a.m. Trinity VNHA, 106 19th Ave., Suite 101, Moline
- Feb. 15:** 8-10 a.m. Hy-Vee, 1815 E. Kimberly Rd., Davenport
- Feb. 16:** 8-10 a.m. Hy-Vee, 201 W. 10th Ave., Milan
- Feb. 17:** 7-10 a.m. Trinity Terrace Park, 4500 Utica Ridge Road, Bettendorf
- Feb. 21:** 8-10 a.m. Hy-Vee, West Locust St., Davenport
- Feb. 22:** 8-10 a.m. Hy-Vee, 4064 E. 53rd St., Davenport
- Feb. 23:** 8-10 a.m. Hy-Vee, 2001 5th St., Silvis
- Feb. 24:** 7-10 a.m. Trinity, 7th St. 500 John Deere Rd., Moline

To schedule appointments for the two Genesis screenings, call 800-383-2575 or 563-421-2000. The cost is \$20 per person for the following:

- Feb. 14:** 6-9 a.m. Genesis Medical Center, Illini Campus, Larson Center, 855 Illini Drive, Silvis
- Feb. 14:** 6-9 a.m. Genesis Heart Institute, 1236 E. Rusholme St., Davenport, IA

**"Married men live longer than single men do, but married men are a lot more willing to die."**

**A woman marries a man expecting he will change, but he doesn't. A man marries a woman expecting that she won't change, and she does.**

## Investing for Short-term Goals - and Long-term Success Submitted by Mark Judy, Edward Jones



Over the past several years, the phrase "multi-tasking" has gained popularity. And you know just what this expression means if you constantly juggle work and family demands. But you might not realize that you might have to use your skills at managing different outcomes in another area of your life: investing.

Specifically, you will likely need to invest for both short-term and long-term goals. And you'll have to do it at the same time.

Your first step toward achieving this two-part investment strategy is to identify your short- and long-term financial goals. Your short-term goals will change over time. For example, when you're first starting out in your working life, you may want to make a down payment on a house. In the middle of your career, you may want to take your whole family on a round-the-world trip. And then, as you near retirement, you might decide to purchase a vacation home. Your long-term goals, by definition, will likely remain fairly fixed. So, when you first have children, you might decide that you will save and invest for 18 years to help pay for college. And your biggest long-term goal will be to build resources for a comfortable retirement.

Can you work to achieve both short- and long-term goals - without hurting your progress toward one or another? Yes - but you will need to follow different investment strategies for different goals.

Let's suppose you're at the beginning of your career. You want to save for a down payment on your home, but you also want to start a retirement savings plan. What should you do?

For your down payment, you'll need to rely on investments that you can be fairly certain will provide you with the money you'll need in a relatively short period of time - perhaps three to five years. Consequently, you may want to consider certificates of deposit (CDs) or investment-grade bonds that mature at exactly the time you'll want to make your down payment. You'll receive regular interest payments, but even more importantly, you'll get your principal back - just when you need it.

During these same years, you may be contributing to your 401(k) at work, and, if you can afford it, to an IRA as well. And, since you are investing for retirement, which is likely many decades away, you need to take quite a different approach to the one you used when saving for a down payment. In short, you can afford to be a much more aggressive investor. That means you should include a mix of high-quality, growth-oriented stocks in your 401(k) or IRA. Will these stocks fluctuate in value over the years? Certainly. But the longer you hold these stocks, the greater the likelihood that you will overcome the short-term "down" periods and potentially achieve significant gains.

So, there you have it: One point in your life, two different goals, two different investment strategies. And you will find that you may need to follow this "dual-track" approach many times over the years. To coordinate your different investment approaches, you may want to work with an investment professional who can help you draw up a comprehensive plan for your financial future.

By choosing the right investments, you can move toward your short- and long-term goals at the same time. That's a "win-today," "win-tomorrow" situation.

Dan Bennett tells the story of a motorist traveling through New England who stopped for gas in a tiny village. "What's this place called?" he asked the station attendant.

The native shifted from one foot to the other. "All depends. Do you mean by them that has to live in this dad-blamed, moth-eaten, dust-coated, one-horse dump, or by them that's merely enjoyin' its quaint and picturesque rustic charms for a short spell?"

Time magazine sometime before 1958 reported: At Chicago's Presbyterian McCormick Theological Seminary - so named because of the generous endowments of farm machinery maker Cyrus H. McCormick - a theology professor was showing a visitor around. "By the way," he remarked, "we never refer to the Grim Reaper around here. It's always the International Harvester."

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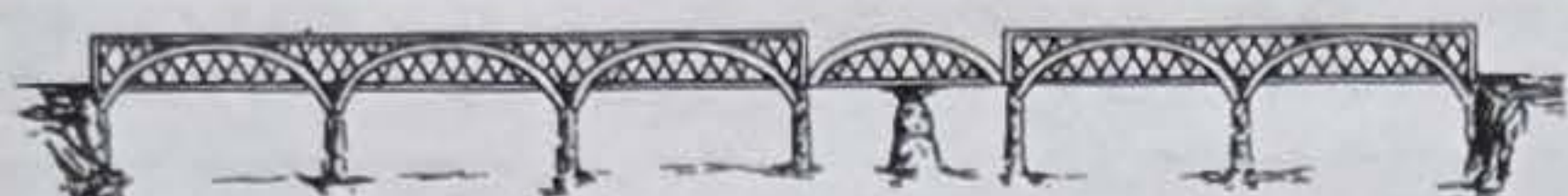


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RiverWay 2006 is a 5-day salute to the 150<sup>th</sup> Anniversary of the first railroad bridge to cross the Mississippi River in 1856. Not only did this bridge connect Rock Island, IL to Davenport, IA, but more importantly, it effectively joined the country, east with west.

The effort will showcase the hundreds of millions of dollars in capital economic and environmental improvements in the Quad Cities and the great things there are to see and do, including venues such as our museums, theaters and riverfront development.

This celebration will host special attractions, including:

- Steam locomotive day trips and dinner excursions
- Steam boat trips on the Celebration Belle River Cruise
- A hologram of the original bridge over the Mississippi River
- 1800's village tour of the Village of East Davenport
- Commemorative ceremony where the first bridge pillars were located
- Group discounts on train rides, boat rides, hotel rooms, museums and more
- Story telling events at ten venues
- Metrolink bus shuttles to all venues

Please feel free to check out our website at [www.riveraction.org](http://www.riveraction.org) to be kept abreast of this grand event, or call River Action at 563-322-2969. We will be posting updates as they are confirmed.

**You are cordially invited to The Third Annual Quad Cities Henry Farnam Dinner** to be held **Wednesday, February 22, 2006: (Cocktails 6 p.m., Dinner 7 p.m., Program 8 p.m.)** at the RiverCenter - North, 136 East 3<sup>rd</sup> Street, Davenport.

Please gather with us to celebrate the connections among local, regional and national history and kick off RiverWay 2006. This year's theme is a celebration of the 150<sup>th</sup> anniversary of the first railroad bridge across the Mississippi River, connecting Rock Island, Illinois with Davenport, Iowa.

**The Henry Farnam Dinner highlights** will include a presentation on Abraham Lincoln's role in defending the bridge by Dennis E. Suttles, a Lincoln scholar from the new Abraham Lincoln Presidential Library and Museum; evolution of the bridge presented through rare historic images; nineteenth century period music, including Rock Island Railroad songs; special toasts to people involved; and special displays of historical interest.

Dinner and program \$35 per person (Tables of 8 for \$260)  
Cash bar. Menu choices: Marinated Pork Loin, Chicken Oscar, Vegetarian

Please contact **River Action, Inc.** for an invitation or information via email or call (563) 322-2969. Reservations and payment by check must be made by February 15, 2006. Send checks payable to Henry Farnam Dinner to River Action, 822 E. River Drive, Davenport, IA 52803.

River Action is the principal sponsor of the 2006 Quad Cities Henry Farnam Dinner with additional support from Chippianock Cemetery, *QC Magazine*, the *Argus/Dispatch/Leader* and Quad Cities Convention and Visitors Bureau.

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### Carrots: Love 'em or Hate 'em, They're Interesting

• The old saying: "Eating carrots will help you to see better", is true. Carrots are a great source of beta carotene, the plant form of vitamin A which helps prevent night blindness. Raw carrots are wonderful for fiber but cooking breaks down the plant's cell walls, making the vitamin A more easily absorbed.

• Evidence has been found at the site of a Babylonian garden showing that carrots were grown as far back as the 8th century BC. Historians believe that carrot seeds were taken for expelling wind and the leaves, mixed with honey, for cleansing sores.

• The first cultivated carrots from the Middle East and Afghanistan (during the 8th and 10th centuries AD) were purple or very dark red. It wasn't until the 16th century that paler colors were bred and became favored over the darker hues. Recently, the movement to cultivate ancient plant varieties is to bring the darker varieties back into popularity. Today's hybrids may be short and fat with an extra sweetness (Chantenay) or small round ones that kids love to grow and eat. When growers began to package "baby" carrots or ones that had been cut and shaped into bit-sized pieces, sales began to soar as lunch box treats and party dippers.

• During World War II, carrots were prized for their sweetness as a substitute for sugar. (To this day, carrot cake is frequently served.) All general mealtime cookbooks give a variety of recipes for baking, blanching, steaming or microwaving carrots for all occasions.

• The best way to store carrots is in their original perforated plastic bags in the refrigerator. Keep carrots away from apples, pears or other fruits. As fruit ripens, it gives off ethylene gas which will turn carrots bitter.

• As a filling, satisfyingly crunchy snack food, try carrots. They are low in calories (47 for a medium sized carrot) and have little or no fat but are high in fiber (3.3 g).



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