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HAMPTON

TOWN CRIER

Serving the River Communities North of the Quad Cities

February-March, 2007



Issued Monthly on the 15th

Technology Links Citizens to Municipal Activities Take Advantage Of It!

The computers that many have in their homes may now be used to access municipal board meeting notes and notices of all types. Even the smallest communities have begun to use the Internet as a benefit for their residents.

Listed below are the website addresses for some of the towns in our coverage area. For people to keep informed about what is going on in their community, it's as easy as logging onto the internet. For those who are not "computer literate", ask a computer-owning friend or youngster to print out the notes for you. If you visit your local library someone there will teach you how to do this for free on the library's computer.

A website will generally give you the following:

A description of your town/village/city and the amenities offered.

Board Meeting notes that go back as many as 6 months.

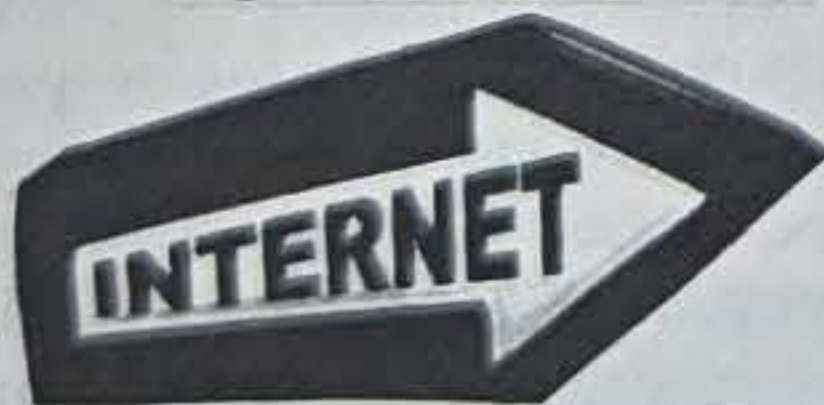
General financial information such as budgets.

A directory of officials and employees.

A way to leave messages and questions for any of your elected officials.

Announcements and contact information for special events.

Carbon Cliff	http://www.carbon-cliff.com/
Colona	http://colona.govoffice.com/
Cordova	email: cordovavillage@fronier.net
East Moline	http://www.eastmoline.com/
Erie	http://www.erieillinois.org/
Geneseo	http://www.cityofgeneseo.com/
Hampton	http://www.hamptonil.com/
Henry County	http://www.henrycty.com/index.htm
Le Claire	http://www.leclaireiowa.gov/
Moline	http://www.moline.il.us/
Port Byron	http://www.portbyron.com/
Rapids City	http://www.rapidscity.us/
Rock Island County	http://www.co.rock-island.il.us/
(See "About Rock Island County" link for other municipalities)	
Scott County	http://www.scottcountyiowa.com/
(See "Communities & Parks" link for other municipalities)	
Silvis	http://www.silvisil.org/



There is a special message for all businesses on Page 3



To browse several locations through links, visit www.quadcities.com/ and click on the logos at the bottom of the page to be linked to East Moline, Moline, Rock Island, Bettendorf and Davenport's websites. Through this combination website, you can click on the Icon for the QC Visitor & Convention Bureau link for schedules of special events, lodging, maps and more for the greater Quad Cities area. This combination website will also link you to the Quad Cities Chamber of Commerce where you can view convenient directories of local businesses.



Move your vehicle(s) off the street!

ALL streets in the smaller communities in our coverage are snow routes. Assume that 2" of snow predicted means "park your car on your property--not the street". **In Hampton, after a 2" snows street-parked cars will be ticketed. If the car is not moved off the street within 24 hours, it will be towed at the owner's expense – no exceptions.** As soon as the snow plow clears your street, you may park on the cleared street. If another 2" of snow falls, you must move your car again.

Please make sure your neighbors know of this ordinance.

If you have a garage, use it. (you'll save time scraping off your windshield). If you have a driveway, park there (you'll not have to shovel the snow in that spot). It's up to you to protect your own vehicles from accidents by keeping them parked off the street.

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Box Holder

Editorial: Becoming Nicer

There has been a lot of talk lately about Americans acting plain old mean. Reality TV has just highlighted a long-developing trend. Although there is no easy answer to why we have become so unkind, I suggest this as one factor: We talk in superlatives.

Many adults appear to be artificially creating the volatile atmosphere usually attributed to teenagers by thinking and talking only at the far ends of the emotional scale--deep depression to euphoria; unreasoning hatred to infatuation.

When did words like "normal", "regular", "medium" and "average" become unacceptable? Must each of us excel at everything to be happy? I've come to the conclusion that always comparing ourselves to others or our often unreasonable expectations is at the crux of our fading civility. Afraid of being judged and found wanting in the eyes of the world, we master the put-down, the sly innuendo and the rude remarks that pepper toady's conversations.

Advertising is partly to blame for the superlative problem. Take a look for yourself. How often have you been scared into making a purchase of some type of protection device or service? On the other hand, have you made a purchase because you were given misleading mental images of what a product would do for you? In years past, advertising copy referred to products as "Good", "Better" and "Best". Those terms gave way to "Extra Large", "Jumbo", "Maximum/Mega" and now, "Ultra" and "Extreme." Lately I've been hearing TV ads claiming a product line is "very unique." **"Unique" is a superlative term meaning one-of-a-kind, no other like it. A thing might be "extremely rare" or "highly unusual," but it's grammatically incorrect to call it "very unique."**

During biofeedback training for headache or general stress relief, patients are asked to systematically tense certain muscles then concentrate on relaxing them. In the first session, sufferers are shocked to find that their painful facial, neck and shoulder muscles have been clenched to their maximum for hours, so it's impossible to tighten them any more to complete the exercise. It takes quite a while practicing to remember what "normal," healthy muscle tone feels like. The same applies to civility in all types of successful relationships. If we tone down both our thought and speech, we may find a more comfortable emotional level.

Awareness is the first step to solutions and improvements, so become sensitive to what you hear and how you react. Become aware of those who live each day as if it were 24 hours of one full blown crisis after another. Every disappointment, challenge (or even something pleasant that happens to them during a routine day) is described using superlatives. Point out the need to modify speech in order to modify moods. Be realistic! Getting control of the urge to be mean to yourself or others is a gradual process and it begins by limiting the use of superlatives. It's worth some thought.

Second Notice: Let Your Area Officials Know What YOU Want!

The following first appeared in the January issue. We need to hear from you. There are green folders with survey sheets on the bulletin board at the Hampton Post Office, Blimpie, River Road Restaurant and Quinn Hardware. As you visit these places, please take a minute to communicate with those that have such a large influence on the future of your family.

Elected officials at this time of year turn their attention to short and long term development as well as budgets. Here's your chance to let them know what you would like to happen in your town in the future. On a separate piece of paper, make a list -- in order of importance to you -- of what you and your family would like to see happen in your town within 3 years, within 5 years and within 10 years.

Please be realistic and positive:

- What can be accomplished without doubling your taxes?
- Is there enough space for what you'd like to see done?
- Would your suggested project benefit a majority of residents in your town?

You do not have to sign your name, just the name of your town. You may drop your lists off at Quinn Hardware or Blimpie in Hampton, Mail them to the Crier at P. O. Box 224, Hampton, IL 61256 or e-mail your suggestions to: jkdowntowner@mchsi.com
The Crier serves many communities and townships but we will make sure the appropriate officials see your suggestions.

Parks Committee

Submitted by Ruth Speer

Heritage Center on the Mississippi
 251 South State Avenue, Hampton, IL
 Ruth Speer, Director

New Display -- West African Display
Photo Documentary -- Abbie Reese
February 7, 2007

The following is a portion of the Artist's Statement.....

In West Africa, I took in the beauty and the desperation. The faces in this series hint at their stories, and I am comforted by the words of South African Antje Krog, one of my heroes of journalism, who wrote, "We tell stories not to die of life."

I've been away and back again. These lands have some strong grip on me. I have lived my dreams and suffered little. But I have seen suffering, and the glass ceiling that restricts other people's dreams.

I'm home, now, in Northwest IL, on temporary leave from my travels. And still I dream that the act of documenting life is itself redemptive.

Public Works Committee

By Trustee Rich Vershaw

If you have not already received your increased water rates and monthly billing you will soon. There was a letter sent to some households, from the village that stated the rate increase was for anticipated rate hikes from East Moline. *This is true; however it is also for maintaining, repairing or replacing existing water and sewer lines or lift station upgrades, etc.* Plus we were advised by our financial advisers to maintain a working capital of 3 months.

We had 3 water main breaks in one day, two by the bank and one by Brettun & Black store. We believe these breaks were caused by the altitude valve on 5th St. & 84. These valves main functions are to regulate pressure from water we receive from East Moline, basically a pressure reduction valve. This valve failed and the village received 90 lbs. water pressure and we believe this contributed to the breaks. Remember some water mains were installed in the 1960's. Unfortunately these valves are not cheap; we have had a price of approx. \$6,000.00 to replace the three valves that run in conjunction with each other. This is where part of the increase will be going. Please remember that there are NO property tax monies that go to the Public Works Department. The only money that this dept. receives is from water and sewer rates.



A Winter Reminder- Litter is a Year Round Threat

Litter collects along our roads all year long and is washed into nearby streams and rivers where it will remain for years. Winter is a great time to clean up neighborhoods, roadways and parks. By always having a litter collection bag in your vehicle or pocket, pick ups become second nature. Kids get in the anti-litter habit if aided by the trigger operated "grabbers" available everywhere.

The RiverWay Newsletter lists a plain paper bag as taking 1 month to decompose in water, a cigarette butt up to 5 years, a leather shoe can last 45 years in our river. Even worse, plastic bottles are estimated to last 430 years, aluminum cans 200-500 years, disposable diapers 550 years and glass bottles or Styrofoam items to take a million years to decompose!

Every year, more and more litter accumulates to clog our rivers and streams so the activity of picking up trash is critical to our future. Proper storing of waste in trash cans in alleys on pick-up days is important. If animals get into the bags or there is a spill, please pick it up immediately. Teaching kids that littering is just not an option will help but on every trip outdoors, please pick up litter before it gets into our water supply.



501 State Ave. (Rt 84), Hampton
309/755-SUBS (7827)
Mon-Sat: 10AM-9PM, Sun: 11AM-8PM

What a Sweetheart Deal!



\$14.99 for 2 Foot-Longs, 2 Chips, 2 Drinks & 2 Cookies

Hampton Historical Society News

Submitted by HHS President Bill Beals

February 21, 2007 is the annual winter meeting. Please come at 7:00 p.m. to the Methodist Church Fellowship Hall.

This public meeting should be fun for the entire family. Many of the area youngsters visited the Heritage Center programs on Native American culture. This evening the scheduled speaker is a college professor who will be speak on our best known Native American, Black Hawk.

The Historical Society is a family oriented organization welcoming all ages. Long time residents or anyone new to the area will learn something new and interesting. See you there!

For membership information or questions, please contact Bill Beals at 309-755-8370.

Attention Business Owners

The Crier Seeks Additional Advertisers

Advertising: Advertising is limited to businesses. The Crier has no classified or employment ads. By-issue 2007 rates are: Small: 4.5" W x 2.5" H \$25.00, Medium: 4.5" W x 4" H \$35.00, 1/4 Page: 4.5" w x 7" H \$45.00. A postage increase is anticipated in April, 2007. Advertising commitments made before any postage increases go into effect will receive the ad rates above.

Circulation is now about 4,000. (3,000 Copies are mailed monthly PLUS 1,000 copies distributed through retail stores and offices in Port Byron, Rapids City, Hampton, Hampton Township, Silvis, East Moline and LeClaire, IA.) No business is able to print and distribute advertising to reach as many potential customers for less than our very reasonable rates.

Frequency: The Crier is a monthly publication. Issues are released on or just before the 15th of the month. Most major holidays fall after the 15th of the month. By releasing the Crier closer to the holidays, advertising for sales and event announcements are more immediate.

Policies: The Crier is not meant to replace daily newspapers, it is a community bulletin board for local information, small business support and some entertaining pieces. Classified ads and letters to the editor are not printed. Investigative reports, political or religious columns and controversial topics are purposely not included. Hampton municipal-related items included in the Crier as unedited material written by Village Officials who are responsible for the content.

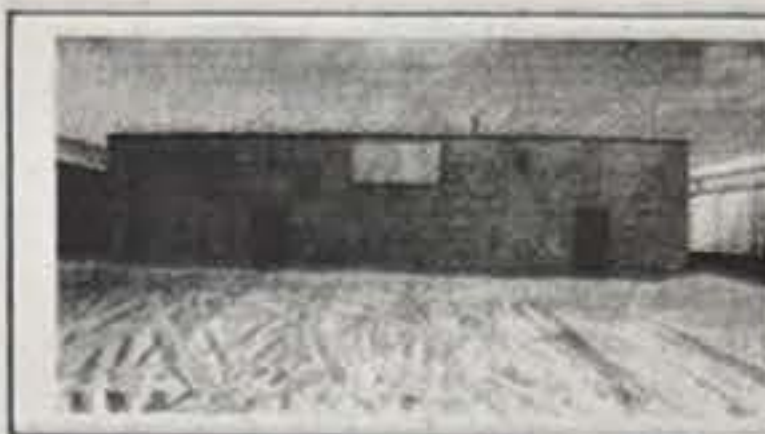
Deadline for ALL material is the 6th of each month for the Crier to be released by the 15th. Ads must be submitted complete, ready-to-print

If you are interested in placing an ad or would like additional information, please contact volunteer editor Jane Cady at 309-752-0627 or at jkdowntowner.mchsi.com

A woman lecturer looked out over her audience and asked, "Where would man be today were it not for woman?" After a dramatic pause, she repeated the same question loudly.

From the back row, a male voice answered, "In the Garden of Eden!"

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Visit Our Display at Quad-Cities Welcome Centers

AND The Galesburg Antiques Mall

to buy well below retail from our showcase displays!

*VALENTINE'S DAY SALE 10% OFF

"Be My Valentine" Category

Mention This Ad In E-mail

Fun With Numbers

Using a calculator:

- 1) PUNCH THE 1ST THREE DIGITS OF YOUR HOME PHONE # INTO YOUR CALCULATOR (without the area code)
- 2) MULTIPLY BY 80
- 3) ADD 1
- 4) MULTIPLY BY 250
- 5) ADD THE LAST FOUR DIGITS OF YOUR HOME PHONE #
- 6) ADD THE LAST FOUR DIGITS OF YOUR HOME PHONE # AGAIN
- 7) SUBTRACT 250
- 8) DIVIDE BY 2 RECOGNIZE THE NUMBER?

(You should see your 7 digit phone number appear)



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792-8181 East Moline, IL

Do You Know Where Your Investments Are?

Submitted by Mark Judy,
Edward Jones, East Moline

You can lose your gloves. You can lose your keys. But you'd never lose track of your investments, would you?

Actually, you might be surprised at just how many people do forget about investments, or leave them behind when they move. Every state maintains unclaimed-property offices to deal with millions of dollars worth of stocks, bonds, bank accounts, un-cashed checks, pensions, 401(k)s and IRAs.

To avoid losing track of your financial assets, follow these suggestions:

- Keep records of all bank accounts and investments. It would probably take just a few minutes for you to write up a list of all your bank accounts and investments. And you don't have to go into great detail, either - just include the type of account and where it's currently held. Make sure you share this list with a family member.
- Inform banks and brokers when you move or change names. Notify your bank, broker, 401(k) administrator, insurance company and any other financial service agency you work with when you move or if you change your name due to marriage or divorce.
- Cash checks promptly. Whenever you receive stock dividends or distributions from a retirement plan, cash the checks promptly. The longer you leave these checks lying around, the greater the likelihood that you'll forget about them. Of course, in the case of dividends, if you don't need the income you are probably better off by automatically reinvesting them, as this builds the number of shares you own, but if you're going to accept the checks, take care of them right away.
- Don't give up. Even if you do lose track of investments or bank accounts, it doesn't mean they are gone forever. Try to "retrace your steps" back to where you think you might have held your accounts. Most financial services providers will do what they can to help you. As an alternative, you might want to visit the web site of the National Association of Unclaimed Property Administrators (www.unclaimed.org). There are no guarantees, but this organization can at least help get you started in the process of finding your missing assets.



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Consolidate Your Accounts

Apart from the suggestions listed above, there's one more step you can take that can potentially help you keep close tabs on your financial assets. Specifically, you might want to consider consolidating as many of your accounts as possible at one financial services institution. A full-service company can offer you access to investments, banking services, mortgages, credit cards - virtually any financial vehicle you might need. With all your account and tax statements coming from the same place, you should find it relatively easy to keep track of all your holdings.

Furthermore, by consolidating your assets at a single financial institution and working with a single financial professional who knows your needs and goals, you may actually end up improving your overall financial strategy. Why? Because if you maintain several accounts without a central focus or unifying philosophy, you could end up with redundant or inappropriate investments - a costly mistake. At the same time, you could end up paying more than what you need for a variety of services spread out among several providers.

So, keep track of your investments, stay organized and consider consolidating your accounts. You work too hard to build your financial assets to let them slip away.

FARMER FRED, DOGS AND CHICKENS

By Franciska Rasmussen

When we first moved to Port Byron in a box car home along the river we acquired 2 dogs, Tag and Brownie. In the early 50's one did not have to confine dogs or cats.

Our dogs were outside dogs and had a comfortable dog house. They had freedom to roam if they wanted.

O.K. Here we are and you think you have it all figured out. The farmer had chickens and we had dogs, so our dogs got the chickens. Well you are close but you don't get a prize.

One day Fred came to our place and told us we owed him for 4 chickens our dogs had killed. He had no proof that the dogs kill the chickens, but he said he had 4 dead ones.

From then on we kept as close a watch on the dogs as possible. Every morning we examined the dogs and the dog house for any tell tale signs of misdeeds with chickens---nothing showed up.

In a few weeks Fred showed up again with the tale of 6 dead chickens. We paid him again. It was hard to pay for that many chickens and not even get a chicken dinner out of it.

Time does go by and OL' Fred was knocking on the door again only the amount had been raised to 8 chickens. My husband, Moe, said he didn't have any money in the house and would have to go to the bank but would be over later. Moe wanted an excuse to go over to Fred's anyway.

A little later Moe went over to Fred's to see the chickens and was told that they had been buried. Then Moe asked Fred how he was so sure it was our dogs and not one of our neighbors'? He was told "I saw them."

Moe asked "Why didn't you shoot them?" to which Fred replied "They ran away so fast I couldn't."

Well at this point Moe told "OL' FRED" he would have to get some other fool to pay for the chickens as we no longer owned the dogs. Over a month ago Moe's brother Paul had taken the dogs to his farm in Springfield and the dogs had not gone near any chickens. Also, if Fred ever tried to spin any more yarns to get a little extra beer money we would have him arrested.

KNOW WHAT???? We never heard from him again and he didn't even try to sell us eggs. You see you were close but this tale had a little different ending now didn't it???



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Birthdays & Anniversaries

February Birthdays:

13 Bill Weiss
14 Bette Eggerichs
15 Larry Eiman
16 Kathy Kipp
17 Grady Cornelius
Betty Knapp
18 Robert Cox
19 Johnny Gillespie
22 Bill Bridges
27 Jacob Carroll
28 Kay Elsey
Mary Richardson
Allen Reamy

March Birthdays:

2 Julia Severtsgaard
3 Sophie Diaz
9 Bobbi Hansen
10 Alicia Diaz
Heather Baldrige
12 Mary Johnston
13 Franciska Rasmussen
Don Isenberger
14 Shirley Bideaux
Pearl Marvin Johnston
Mickey Q. VanDieren

March Anniversaries:

12 Roger & Susanne
Greene

More March and April special
dates in the next Crier Issue!

February Anniversaries:

14 Bryan & Angela Cady
Theresa & Don
Isenberger
21 Kathryn & Glenn
Meeker

Little Things Make

a Big Difference

Submitted by F. D. Michael J. Ellis
Sullivan-Phillips Mortuary, Ltd.

Whether it is a wedding, a special dinner or a long-planned vacation, it is the little details, those extra-special touches, that make the experience more meaningful and more memorable.

The same is true for the funeral service. Carefully arranged details such as music, flowers and readings make the service an appropriate and honorable memorial to a loved one. There is no finer tribute that can be given.

Such carefully constructed services require special planning for all funerals. That is why we also offer our pre-planning service, so you can arrange for all those little touches before the time of need.

By reviewing the choices open to you and selecting just the right ones, you can be sure that the funeral services will be a fitting memorial in the manner you wish. And there is an additional benefit; the cost of the arrangement will be fixed, protecting against inflation, on prepaid funerals.

There is no charge for this pre-planning service. And we think the peace of mind for all concerned gained by knowing that those final details are taken care of is priceless.

You are invited to call or stop by for full information. There is no obligation, of course. You may reach us at 309-755-5271

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Thank You!

Jane Cady would like to send out a huge thank you to the unknown person or persons who cleared snow off the car and driveway at my home.

On behalf of Hampton residents, Thank You Scott McKay and your crew of Roger Gunneman, Dean Sparrow and Mike Tappero for braving frigid weather to clean the streets and fix the water main breaks.

The Crier would like to acknowledge the contributions of all our writers and those that support the paper with their volunteer labor. We are grateful to our local businesses/advertisers who pay the printing and mailing fees and encourage our readers to become clients and customers of those businesses.

The speed of your sneeze is faster than a professional pitcher can throw a ball. Sneezes speed away from your face at more than 100 mph. Doctors recommend that you cover your mouth whenever you sneeze but NEVER hold your nose to smother the sound. This will force those 100 mph forces into your ear canal causing damage.

Spacecraft must travel faster than seven miles per SECOND to escape Earth's gravitational pull. That speed would get you from New York to Philadelphia in under 20 SECONDS!

- » In most watch or clock advertisements the time displayed on the watch is 10:10 because then the arms frame the brand of the watch and make it look like it is smiling.
- » Colgate faced a big obstacle marketing toothpaste in Spanish speaking countries. Colgate translates into the command "go hang yourself."
- » The only two animals that can see behind themselves without turning their heads are the rabbit and the parrot.
- » Intelligent people have more zinc and copper in their hair.
- » Do you know the names of the three wise monkeys? They are Mizaru (See no evil), Mikazaru (Hear no evil), and Mazaru (Speak no evil).
- » Women blink nearly twice as much as men.
- » German Shepherds bite humans more than any other breed of dog.
- » Large kangaroos cover more than 30 feet with each jump.
- » A whip makes a cracking sound because its tip moves faster than the speed of sound.

United Township High School Report

By Eliza Fazliu

School picked up at UT on January 4th. The students started the new year off with a new play, and were hoping for a quiet start back to school. But unfortunately, on January 16 threatening graffiti was found in a downstairs and upstairs girl's restroom. On January 17 almost 600 students did not show up to school do to the threat, on average, only about 100 students don't show up for class.

The school sent home letters describing the situation at the school on the 17th.

UT students were again collecting donations for our troops in Iraq, money and materials were being collected.

On February 5th and 6th, UT students would have liked the day off due to the extreme cold and snow. Unfortunately they did have to go to school.



Upcoming Events

- Feb. 16- Teacher Institute NO SCHOOL
- Feb. 17- Sadie Hawkins Dance 8-11 PM
- Feb. 19- President's Day NO SCHOOL
- Feb. 22- TBA Winter Band Concert
- Mar. 1- Choir Concert
- Mar. 3- IHSA Solo Ensemble at UT
- Mar. 5- Pulaski Day NO SCHOOL

A little boy was afraid of the dark. His mother told him not to worry because God was with him wherever he went. When the boy went upstairs at bedtime, he opened the door of his darkened room and yelled, "God, if you're in there, would you throw out my pajamas?"

Obituaries

Golda Grimes, 75, of Hampton passed away on January 15, 2007 in Rock Island. Services and burial were in Urbana, Missouri.

Golda was born February 17, 1931, in Seymore, Missouri, daughter of Earnest and Ethel Vittetow Cantrell. She married Carl Grimes June 4, 1970 in Milan.

Many will remember Golda from her days working at Frank's Pizzeria in Silvis. She also worked at the Coffee cup in Urbana. She enjoyed the Eagles Club and the American Legion and their functions. She loved dancing, listening to country music, riding on a Harley Davidson, attending Sunday stock car races and an occasional trip to the casino riverboats.

Survivors include her children and spouses, Deborah and Terry Brown of Hampton, Capt. Cora Courage and Nonie Proffitt, Wyoming, and Rick Grimes of Urbana, Missouri. She is also survived by grandchildren, Daniel (Jennifer) Erickson, Shane Erickson, Cody Brown, Bianca Courage, Dylan Grimes and Dalton Grimes and a great grandson, Dakota Johnson. She was preceded in death by her husband, Carl, daughter Barbara Jean Box and brothers, Claude and Leo Cantrell.

Leonard E. Sullivan, 78, most recently of Tucson, Arizona, passed away January 20, 2007 after an extended illness.

Leonard was born July 1, 1928, son to Carl and Clara Sullivan in East Moline. He attended Hampton Elementary School and UT in East Moline. In 1945, he enlisted in the US Navy at the age of 17 and served for 20 years. He was affiliated with the manufactured homes business until his second retirement.

In 1947, he married Thelma Yoemans in Texas where they were active in missions for the Nazarene Church, having administered the building of a Christian Church in Okinawa following Leonard's last duty station in Japan.

After Thelma's death, he married Ellie Coates in 1995 then retired to Tucson where Len was active in and managed the Tucson Senior Park.

Survivors include his wife, Ellie; daughter Linda (Gary) Couture, Ron (Wendy) with five grand-children living in Arizona. He is also survived by brothers, Charles (Marilyn), Jim (Nancy), Don (Deanna) and Gary (Dayle), all of Colona.

Per his wishes, Leonard's ashes will be spread proudly over the Pacific Ocean.

SOUTH MOLINE TOWNSHIP SENIOR CENTER EVENTS

637 - 17th Avenue, East Moline

309-752-2643

February-March, 2007

Open Monday through Friday 9:00AM to 3:00PM Paid reservations for the following special events must be received at least a week in advance **CLOSED February 27, 2007 for Primary Elections**

Feb. 14, March 14: 500 Tournament 11:30 a.m. Cost \$5.00

Feb. 19, March 19: 1:00-3:00 p.m. Rules of the Road

Feb. 26, March 12 & 26: Lunch Box Bingo. 10:00 a.m. Cost \$10.00 per day. Seating is limited so paid reservations must be made a week in advance. Paper bingo follows lunch. Bring your own daubers. If you bring a canned food item(s) for the Quad City Food Pantry, you'll receive "Pantry Pack" bingo sheets FREE.

Feb. 28, March 28: Snacks and Cards 11:30 a.m. Cards & games follow lunch. Bring your own foursome

March 7: Euchre Tournament 11:30 a.m. Cost \$5.00 Played according to Hoyle Rules. Men & Women welcome

March 30: Trinity Foot Care Clinic. 9:00 a.m. to 1:00 p.m.. Cost \$22.00 that is NOT covered by Medicare or Medicaid.

An appointment is required and advance notification of any cancellation is required. Bring a washcloth and 2 towels.

Heartland Health Care Testing 9:30-11:30 AM Blood pressure taken and cholesterol testing

FREE tax preparation assistance sponsored by AARP. Available each Tuesday and Thursday from 1:00-4:00 p.m. until April 13th.

All are welcome at the South Moline Township Senior Center. You do not need to live in Moline, East Moline or Silvis. Residents of all the local communities are welcome. Please visit the easy-to-find building and check out the facilities. We welcome the opportunity to become your meeting place to share good times!

EVERY WEDNESDAY: T.O.P.S. Club IL#450 (Take Off Pounds Sensibly) Weigh-in starts at 9:00 a.m., meeting follows

This non-smoking, no-alcohol facility is available for rent. No catering/caterer restrictions! Warming unit and refrigerator available. Tables and Chairs for up to 75 are available. Door side parking. Many weekend dates available. For more information or to reserve the facility, Call 752-2643

John K. Sansale, 78, of Hampton passed away Sunday, January 28, 2007. Burial was in Memorial Park Cemetery in Rock Island. John was born February 27, 1928 in Rock Island, son of John J. and Hazel Faye Smith Sansale. He married Elizabeth A Viviani April 15, 1950 in Rock Island.

Mr. Sansale worked 44 years on the DRI-Line Railroads, Davenport and Rock Island, retiring in 1990 as yard master. He also served 17 years as the mayor/president of the board of trustees in Hampton.

John was a skilled craftsman and enjoyed working with his hands and tools on projects ranging from remodeling homes to woodworking. He also enjoyed traveling with this wife and was a fan of the Chicago Cubs and Fighting Illini basketball.

Survivors include his wife, Elizabeth; sons Kerry L. (Judy) of Hampton, John J. (Ronda) of Campbells Island, Glen W. (Ruby) of Silvis; nine grandchildren and 18 great grandchildren. John was preceded in death by his parents, two brothers and a sister.

Michele "Mike" Ferretti, 65, of Port Byron passed away Monday, January 29, 2007. He had been struggling with a longtime lung problem.

Mike was born June 1, 1941, in Fulton County, Illinois, son of Frank and Octavia Beoletto Ferretti. He graduated from Spoon River Community College and attended Western Illinois University. He married Mary Ann Tvarkunas August 1, 1964 in East Moline.

He retired in 1991 as a time-study engineer after 30 years with John Deere Foundry. He volunteered for the fire department and had served as president of the fire association. He also delivered prescriptions for Porter's Village RX.

Mr. Ferretti served as the Village of Port Byron mayor since April, 2005 and previously as a trustee and chairman of the zoning committee.

Mike enjoyed gardening, doing yard work, watching wildlife and family gatherings at his home, in the Ozarks or any location his travels took him. Watching baseball was a favorite for this Yankees and Cubs fan.

Survivors include his wife of 42 years, Mary Ann; daughters Debi (Sean) McKay of Hampton, Becki (Carl) Woodward of Silvis, Sarah (Dan) Manion of Hampton and Son, Staff Sgt. Nicholas Ferretti, serving in the Persian Gulf. Grandchildren include Ben and Josh McKay, Allison Herron, Carl and Callie Woodward, Darren, Shane, Colin and Norah Manion. He is also survived by his mother, Octavia Ferretti of Cuba, Illinois, a brother Joe Ferretti of Farmington, Illinois and his beloved K-9, Annie.

He was preceded in death by his father who passed away on February 4, 2006 and his wife's parents Peter and Lorine Tvarkunas.

Our condolences to the entire family.

Bernice Gotheridge, 79, passed away Saturday, February 3, 2007 at Riverview Manor Nursing Home in Pleasant Valley, Iowa. Burial was in National Cemetery, Arsenal Island.

Bernice was born March 17, 1927 in Moline, daughter of William and Pearl Simpson Bond. She married Henry K. Gotheridge on July 3, 1947 in Sedalia, Missouri. He preceded her in death in 2000.

Bernice was employed as a secretary for Biberman Brothers and Fresh Pak Candy Company, retiring in 1967. She was a member of the Hampton Fire/Rescue Auxiliary, Ladies Division of the American Vets and the Rosewood Red Hat Society.

Bernice enjoyed watching NASCAR, football and baseball. She also loved cats and dogs.

Survivors include daughters Sandra (Ray) Ainslie of LeClaire (formerly of Hampton), Tamera (Raul) Almanza of Rock Island. Her grandchildren include Daniel (Penny) Anslie, Desmond (Megan), Olivia, Emilio, Samuel and Rudy Jr. (Cortney) Almanza. Her great grandchildren are Felicia and Tiffany Ainslie, Desmond Jr., Devon, Ysabella, Issac and Victor Almanza. She is survived by her brother Harry W. Bond of Rock Island.

Geraldine E. Walker, 73, of Hampton passed away on February 6, 2007 while at the Genesis Medical Center.

Survivors include her husband, Charles J. Walker and son James, both of Hampton; grand-daughters Jennifer Fisher, East Moline, Heather (William) Alexander of Moline; great-grandchildren, Everett, Sarah, Jacob, Brennen, Alyssa and Emily; sister Barbara Flamm, Crest Hill, IL, Carol (Bill) Doose of East Moline, Kathleen McShane of Homer Glenn, IL. She was preceded in death by her parents.



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Turn your Dreams to Gold-Call Theresa Goldermann

#407972-62 Barrington Circle, Hampton, IL \$55,000

River View from Hampton Woods Hill. 1 of 2 adjoining lots 132.75x157x85.81 x64.62x63.8x36.47 Two lots constitute an area of approx. 1 acre. Owner prefers to sell both lots as one package. See Below

#4079274-68 Barrington Circle, Hampton, IL \$50,000

112.93x47.12x97x47.12x112.87 Adjoins lot above.

#4083164 - 730 20th Street, East Moline, IL \$7,500

40x130 Lot off Morton Dr., close to bus barn. Possible

Duplex site if adjoining lots purchased together. See Below

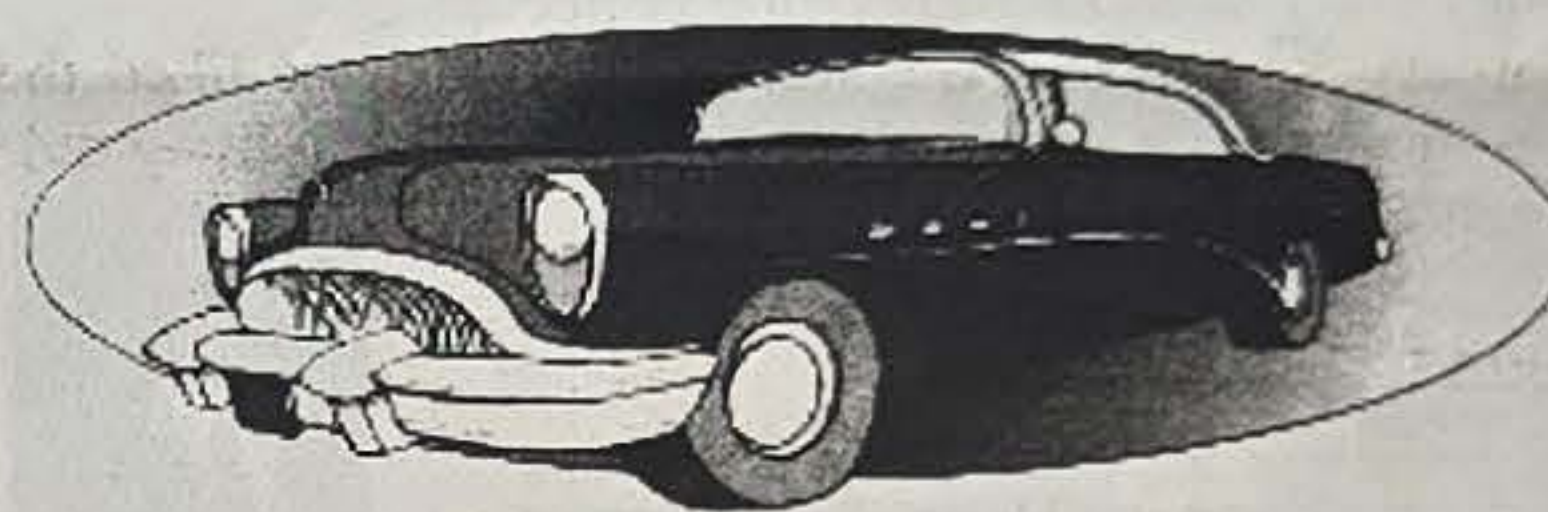
#4083170 - 734 20th Street, East Moline, IL \$7,500

40x130 Level lot in new shops addition. Close to bus.

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OPEN 8:00 AM to 5:00 PM

THE WAITRESS

A guy comes into a coffee shop and places his order, he says, "I want three flat tires and a pair of headlights and a pair of running boards."

The waitress, not wanting to appear stupid, asks the cook, "This guy out there just ordered three flat tires and a pair of headlights and a pair of running boards. What does he think this is, an auto parts store?"

"No," said the cook, "three flat tires means three pancakes and a pair of headlights is two eggs sunny side up and running boards is 2 slices of crisp bacon."

The waitress thinks about this and then she spoons up a bowl of beans and gives it to the customer.

The guy said, "What are the beans for?"

The waitress replied, "I thought while you were waiting for the flat tires, headlights and running boards, you might want to gas up."

Don't argue with an idiot; people watching may not be able to tell the difference.

Chiropractic Happenings

Night of Indulgence: For Women Only!

On March 15, 2007,
Hampton Health and Wellness
invites you and a girlfriend to join us for a night of pampering!

Come and enjoy:

Wine Tasting
Mini Massages
Sea salt scrubs
Spinal Health Assessments
Nutritional Consultations
Manicures...and more!



We kindly ask that you bring at least one guest that has never had the opportunity to be introduced to our office.

We look forward to seeing you and your guest for a night of fun and unwinding!

Please bring your favorite CD so that everyone can listen to great tunes!

Please R.S.V.P. by March 9th for you and your guest by calling (309) 751-9790.

Event Details:

Hampton Health and Wellness

March 15th, 2007

6pm

Phone: (309) 751-9790

510 State Av. Suite #3, Hampton IL 61256

Lots & Land

\$500,000—Port Byron MLS#4080613

6 acres with panoramic river view. 65' well and road access to Rt#84. Could be subdivision.

\$238,900—Barstow MLS# 4071209

62 acres of which 25 acres+ are suitable for farmable wetlands. The 62 acres are in a (CRP) Conservation Reserve Program (1999-2013). Some of the property borders on the Rock River.

\$30,000—East Moline MLS#4071030

Approximately 1/2 acre parcel near East Moline Industrial Complex. Property is next to storage units and across from North East Park Sports Complex. Lots of possibilities!

\$20,000—Port Byron MLS#4076678

Port Byron Lot on Polk Street. 3-50' lots. Lot size is approximately 142 x 150. Lot is heavily wooded. Could easily have an exposed Basement. Lot is 2 Blocks off RT 84.

\$14,900—Port Byron MLS#4071194

Port Byron lot in subdivision on cul-de-sac! Half acre plus lot is wooded and home could have an exposed basement! All utilities to lot. Port Byron water & sewer, natural gas & cable. Great huge lot with fantastic backyard view and nice neighborhood!



Tony Columbia

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Mel Foster Co. Real Estate

Making It Happen!

Bloopers and Odd Statements From Hospital Charts-Part 1

1. The patient refused an autopsy.
2. The patient has no previous history of suicides.
3. Patient has left white blood cells at another hospital.
4. She has no rigors of shaking chills, but her husband states she was very hot in bed last night.
5. Patient has chest pain if she lies on her left side for over a year.
6. On the second day, the knee was better, and on the third day it disappeared.
7. The patient is tearful and crying constantly. She also appears to be depressed.
8. The patient has been depressed since she began seeing me in 1993.
9. Discharge status: Alive but without permission.
10. Healthy appearing decrepit 69-year old male, mentally alert but forgetful.
11. Patient has two teenage children, but no other abnormalities.
12. The lab test indicated abnormal lover function.

The only joint in the body able to rotate 360 degrees: the shoulder

East Moline Library News

Computer Classes 2/16, 2/23/2007

Fridays at 9:30 a.m., come to the Library for computer classes!

Feb. 16th: Microsoft Publisher

Feb. 23rd: Can You Google Your Way to an Answer?

Call for details and to reserve your space.

Storytime 2/13, 2/20, 2/27/2007

Tuesdays at 10:30 a.m. is storytime at the library. Instill a love of reading – bring your youngsters!

Family Movie Night shows movies inside during the winter months at 7:00 p.m. on the Second Saturday of the month. Call the library closer to the date to find out which movie will be shown.

Campbell's Label Donations

Lori Howard is the Campbell Coordinator and she tells us that Campbell has a new way of cutting and collecting labels. The details are not available at press time so please just bring in the entire label from Campbell products. Lori will have a new list of eligible items soon. Thank you for your support!

740 – 16th Avenue, East Moline, IL 61244

(309) 755-9614

<http://www.empl.lib.il.us/>

Mon – Thurs.: 9AM-9PM., Fri.: 9-5PM,

Sat.: 9AM-4PM

Blood is the Heart of the Matter

Mississippi Valley Regional Blood Center

Many forget the need to replenish the blood and blood products supply after a holidays. The need is great so consider donating blood as a community service or in honor of a loved one serving in the military. There are not many local blood drives this month but the blood center will welcome individuals or groups of friends that wish to donate. Please plan to donate this month at a local blood drive or the MV Regional Blood Center, 4650 – 38th Ave., in Moline. Keep checking for new local dates by visiting <http://www.bloodcenter.org>.

Blood Drive Schedule

- 2/14 - Cordova – 3M 12:30-4:00 p.m.
- 2/19 – Port Byron Community Drive at the Library 12-3:30 p.m.
- 2/28 - Silvis- John Deere Development Offices Noon-4:00 p.m.
- 3/10 - East Moline, St. John's Lutheran church 8am-Noon
- 4/4 – Cordova, Exelon Nuclear 9:00-3:30 p.m.
- 4/10 - East Moline, United Township High School 8am-1:00 p.m.
- 4/19 – Port Byron, Riverdale High School 7am-Noon

Do you belong to an organization, school, church or business that would like to sponsor a blood drive? Call Katie Nickel or Bobbi Ceryanec at 563-823-4120 to find out how easy it is to set up a drive.

There are 93,000 miles of blood vessels in the human body.

How observant are you?

Count the "F's" in the following text:

FINISHED FILES ARE THE RESULT OF YEARS OF SCIENTIFIC STUDY COMBINED WITH THE EXPERIENCE OF YEARS.

Do you think there are three?

Wrong, there are 6!! No joke, Read it again.

The reasoning . The brain cannot process "OF"
Go back and look again!

Anyone who counts all 6 "F's" on the first go is a genius. Three is normal, four is quite rare.

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tanning package

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Saturday 9 a.m.-4 p.m.

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- Sundries
- Hardware
- Gifts
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563-289-5656

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YOUR family doctor at YOUR convenience

Riverview Urgent Care and Family Medical Clinic is proud to welcome to our healthcare family

Rebecca J. McCullough, A.R.N.P.

Rebecca J. McCullough, a Certified Family Nurse Practitioner with over 10 years of experience has joined Dr. Kristin A. Miller, M.D. and her staff in LeClaire, Iowa.

We offer :

- Care for general and urgent medical needs for all ages, infant through elderly.
- Laboratory and X-ray services on site.
- Cloth gowns, robes and blankets and individually climate-controlled rooms.
- Walk-in visits (no appointment necessary).



Kristin A. Miller, M.D.

Monday 8am - 8pm
Tuesday through Thursday 8am - 6pm
Friday 8am - 4pm

200 S. Cody Road, LeClaire, Iowa
(563) 289-CARE (2273)



Rebecca J. McCullough, ARNP

About "Daylight Savings" & "Standard" Time

Daylight Savings begins March 11th-You lose an hour of sleep!

- "Daylight Savings Time" is one hour ahead of "Standard Time."
- The time change rhyme is: "Spring ahead - Fall back"
- Benjamin Franklin was one of the first to suggest daylight savings time while he was serving as the U.S. Minister to France in 1784. (He believed it would save on the cost of candles to light shops).
- In 1915, Germany and in 1916 Britain, adopted DST to save coal used for electricity/lighting expenses during the war. When the US joined the war effort in 1918, we also adopted DST however, after the war, dairy farmers having problems with cranky, sleepy cows insisted on going back to straight Standard Time.
- WWII revived DST and the spread of electrical appliances spread, every one began to be concerned enough with energy expenses to adapt to changes in sleeping schedules if it would save money.
- According to the National Safety Council, Daylight Savings Time cuts down on the number of road accidents. (There are 2-1/2 times more accidents after dark)
- Mexico, Spain and France keep Daylight Savings Time all year around. Tropical areas around the world don't need to change their clocks because the length of daylight vs darkness doesn't vary throughout the year.

Reclaiming that stolen bike

If you purchase a new bike for your child, place their picture inside the handle bar before placing the grips on. If the bike is stolen and later recovered, remove the grip and there is your proof of who owns the bike.

The nicest thing about the future is that it always starts tomorrow.

Riverside Family Eye Care

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- Early eyecare- InfantSee provider
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 - Diabetic
 - Macular Degeneration
 - Glaucoma
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- Dry eye therapy
- Open 5 days a week
- Evening hours
- Designer frames

- Among others, we accept these types of Insurance:
 - Davis Vision
 - Avesis
 - Aetna
 - Cigna
 - 1st Administrators
 - Coresource
 - Blue Cross/ Blue Shield
 - Midlands Choice
 - Tricare (standard)
 - Coast to Coast
 - Spectera

Grandchildren don't stay young forever, which is good because Pop-pops have only so many horsey rides in them. ~Gene Perret
When grandparents enter the door, discipline flies out the window.

~Ogden Nash

Grandma always made you feel she had been waiting to see just you all day and now the day was complete. ~ Marcy DeMaree
Grandmas never run out of hugs or cookies. ~Author unknown
Grandmas hold our tiny hands for just a little while, but our hearts forever. ~Author Unknown

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*Distributions of earnings from a Roth IRA could be subject to taxes and a 10% penalty if the account is less than five years old and the owner is under age 59 1/2.



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Edward Jones
MAKING SENSE OF INVESTING

Celebrating our Heritage Quiz #1

In February, we celebrate Washington and Lincoln's birthdays but what do you know about the four U.S. Presidents born in March who are listed below? Their significant dates are given and as a clue, the years they were in office. Each event on the numbered list took place during one president's term.

Using a separate sheet of paper, list the number next to the event under the proper President's key letter. Look for the answer elsewhere in this issue (printed up side down). Good luck, this is a really hard quiz - using the Internet, the library or school books is encouraged!

- A. James Madison (B.3/16/1751-6/28/1836) Pres. #4 1809-1817
- B. Andrew Jackson (B. 3/15/1767-6/8/1845) Pres. #7 1829-1837
- C. John Tyler (B. 3/29/1790-1/18/1862) Pres. #10 1841-1845
- D. Grover Cleveland (B. 3/18/1837-6/24/1908) P.#22 1885-1889

Can you match the events to the President's term in office?

1. Mississippi becomes the 20th State
2. Hong Kong is ceded to Britain by China as Opium War ended
3. VP Becomes President when elected President dies after only 12 days in office.
4. The US declares war on Britain
5. Indiana becomes the 16th State
6. Michigan becomes the 26th State
7. N. & S. Dakota, Montana and Washington become States
8. Florida and Texas becomes states number 27 & 28.
9. Battle of the Alamo and Texas becomes a Republic
10. Pearl Harbor becomes a US Naval Station
11. The British burn Washington D. C.
12. 1st. National Democratic Convention held in Baltimore
13. Napoleon invades Russia
14. Louisiana becomes the 18th state.
15. Geronimo "captured" ending the last significant Indian war
16. Parliament outlaws slavery in British colonies
17. Boundary dispute between Maine and Canada settled
18. Brazil's Dom Pedro II, the last emperor in the Western Hemisphere is dethroned

If you weigh 120 pounds on Earth, you'd weigh about 20 pounds on the moon.

JAMMIN WITH JANE

By Jane Nelson

It hasn't been easy to keep warm lately with the wind sweeping across the river. There's no better way to warm up than with home-made soup, and February is a great month for it. Here are three great recipes to try. The first was given to me by a dietitian from Oglesby, Illinois. It's delicious and very easy to prepare.

ITALIAN TORTELLINI SOUP

1lb mild Italian sausage (casing removed) 1c chopped onion
6c beef or vegetable broth(5 cans) 8 oz can tomato sauce
1 large carrots, sliced 1/2 c red wine
2 large cloves garlic 16 oz can tomatoes, chopped
1 lb zucchini sliced 1 med green pepper, diced
2 T oregano 1t dried basil leaves
8 oz cheese Tortellini Parmesan cheese

Brown sausage, drain and remove from skillet. In same pan, sauté onion and garlic for 5 minutes. Combine meat, onion, garlic, beef stock, tomatoes, tomato sauce, zucchini, carrot, green pepper, wine and spices in a large pot. Simmer about 30 minutes or until vegetables are tender. Add tortellini. Cook until they float, 5 to 6 minutes. Top with fresh-grated parmesan cheese. Serve with bread sticks. (Pick up some salad at Olive Garden and you will get bread sticks free.) Serves 6 to 8.

I found the next one in Woman's Day magazine and kept in my file. I always keep a file of new recipes that trip my trigger. This one also goes well with salad and garlic bread sticks.

PIZZA IN A BOWL

2 cans (14 1/2 oz each) diced tomatoes with roasted garlic (do not drain)
1 can (14 1/2 oz) fat-free low sodium beef broth
8 oz pepperoni sausage, diced 1 1/2 c sliced fresh mushrooms
1 large green pepper, diced 1 large red onion, chopped
1 c water 1 T dried Italian seasoning
1c shredded part-skim mozzarella cheese

Place all ingredients except cheese in slow-cooker or large pot. Stir to mix well. Cover and cook on low until the vegetables are tender, 90 minutes or longer. Ladle into soup bowls, garnish with the cheese and enjoy

They prepared this last recipe on the Paula Sands show. Rock made it for supper the other night, and it was quite good. It also did not have to be cooked forever. I think he got it done in about a half hour.

CHEESEBURGER SOUP

1 lb lean ground beef 1 c chopped onion
1 can (14 1/2 oz) diced tomatoes with chili seasoning (undrained)
1 lb processed Velveeta. (or 1/2 lb American and 1/2 jalapeño flavored Velveeta)
2c low fat milk 1/2 c chopped dill pickle

Brown beef with onions, crumbling into small pieces while cooking. Add tomatoes, cheese, and milk. Stir until cheese melts and all is combined. Bring to a simmer and serve immediately garnished with the dill pickles. Very good served with a handful of very crisp kettle potato chips.

If you want a really good soup and you don't feel like cooking try dining out! Every other weekend at the Belgian Village in Moline they have Spinach soup. It is the best, as are most things there. Don't forget to fly your flag on Lincoln's Birthday, share hugs on Valentines Day and make a cherry pie for Washington's Birthday.

HUNGRY ELEVATOR

By Mary Lou Schaechter

Our son was sent to a doctor in a hospital. He was to have an exam so his employer could increase his life insurance. The office nurse told him to take off everything and put on a hospital gown. He did so and waited to find out what to do next. After a while the doctor came in and said, "Oh, there you are! They are waiting for you in Radiology. Hurry!"

He rushed to the elevator and then remembered his gown was open in back. Also, as the elevator door closed, he realized the door had caught the front of the gown and was chewing it up. He could not stop the elevator nor could he pull the gown loose.

When the elevator finally stopped at a floor, he had only a ripped sleeve left. He was trying to cover himself with the sleeve when the elevator door opened. Standing by the door were two women with a laundry cart. They stood there surprised, staring at him. One realized what had happened, reached into the cart, pulled out a large towel, handed it to him and said, "I think you could use this."



As impossible as it seems, the human neck has the same number of vertebrae as in the neck of a giraffe.



Massage Therapy
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Bring in this ad to receive special prices above!

Hampton School News

Saving for the School Kids

Companies have come up with innovative ways for the schools to earn funds and equipment by recycling their product packaging. All the items given to the students for recycling would end up in a land fill and would have no value to you so please chip in the following items for the school. Thank you!

Check your General Mills product packaging. Most have special cut outs labeled "**Box Tops for Education**". Please cut these out, and give to your favorite student. The box tops will be collected by each teacher until April when the class with the highest number of box tops will win a prize.

Until Wednesday, March 7th, the kids are also saving the caps from **Swiss Valley Milk**. All grandparents, friends and neighbors, please save your caps for your favorite student to turn in to teachers.

The school office is the place for all your **ink cartridges**. The school is able to keep those discarded cartridges out of our land fill and get some much needed income by recycling them. Whenever you replace cartridges, please think of the school!

Spring Book Fair

The Spring Book Fair has been scheduled for March 28 & 29. For this fair, teachers will have a wish list for the fair so keep the love of reading live for your favorite students.

Improved Communications Program for Hampton School

Whenever an emergency or cancellation of classes occurs, it has always been difficult to notify all households and parents of unusual conditions. Depending on TV or radio announcements is not efficient. Taking advantage of new technology, Hampton has implemented the "SchoolReach" program that will call each parent/household with recorded messages within minutes of decisions being made about closings, delayed starts etc. due to weather or special circumstances. Contact the school for details if your student did not give you the detailed information sheet sent home early in January.

Annual PTA Events Are Here!

February 24: 4-7PM Carnival at the School! This event is popular with adults as well as children of all ages. There are games, raffles and prizes for all. Don't miss it!

February 26: The Annual Spelling Bee will take place. Hampton will compete with Colona School.

Did you know that first and second grade Boys are forming a Scout troop? Contact Beth Carroll or the school for information.

"Oh," sighed the wife one morning, "I'm convinced my mind is almost completely gone!" Her husband looked up from the newspaper and commented, "I'm not surprised, you've been giving me a piece of it every day for 20 years!"



Images

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Don't Pitch That Old Garden Hose - RECYCLE IT!

- Punch a few more holes in that hose and turn it into a lawn soaker hose for your garden or flower beds.
- Measure the seats on your children's swing set. Slit hose sections the same length and attach them with "super glue" to the edges of the seats. The hose will act as a bumper if the swing accidentally hits one of the kids. Also use slit hose to cover the chains of the swings for a safer grip.
- Keep several pieces of slit hose in your trunk. If you have to use a lug wrench or a jack handle this winter, slip the hose over the handle for a better grip and your hands won't freeze.
- Are you a winter ice skater? Make ice skate covers from slit hose.
- Store saw blades in a slit section of hose covering the teeth.
- Run extension cords through a slit hose to protect them in high traffic areas and to keep them from tangling.
- Lay out the design for new, curved flower beds by using the hose to make an outline. Step back, preview the layout and make changes before you begin to dig.

You can never do a kindness too soon, because you never know how soon it will be too late.

Schroder Mortuary



701 First Avenue
Silvis, Illinois 61282

Phone: 309-755-2212

www.schrodermortuary.com

"Few men ever drop dead from overwork, but many quietly curl up and die because of undersatisfaction." Sydney Harris

River Valley District Library News

Blood Drive at the Library 2/19/07

Call Katie Nickel at 1-563-823-4120 and schedule your appointment or just walk in! The drive is from 2:00-7:00 p.m.

Pajama Storytime Schedule 2/23, 3/30, 4/27/07

Each child that attends receives a free book! Parents, bring the kids and some of their friends at 6:30 PM for stories on the following evenings: **Feb. 23, March 30 and April 27th**

Rhyme Tyme Storytime 3/8/07 classes are still open

New Storytime programs start on: Monday, March 5th from 1:15-2:00 p.m., Wednesday, March 7th from 10:00-10:45 am or Thursday, March 8th from 10:00-10:45 am. There is a limit of 15 children per program. Sign-up today for Wednesday classes. Monday and Thursday classes are already full!

Friends Birthday Bash Fundraiser 3/9/07

Please plan to join Friends of the Library on March 9th at the Fundraiser "Birthday Bash". Desserts, games to play and prizes to win! \$5.00 per person or \$10.00 per family.

Science Program and Guest Speaker 3/16/07

Grades 3-8 are all invited to attend the March 16th program starting at 6:30 p.m.. Youngsters will be amazed with presentations on rocks, volcanoes and more given by guest speaker, Beth Johnson from Family Museum in Bettendorf.

Final Winter reading program 3/17/07

To mark the final winter reading program, come to the library at 1:30 p.m. for some Olde Time Fun and watch a cow being milked, make butter, whittle, play marbles, checkers, jacks and eat ham and beans. Every Friday during the program, you will be able to get penny candy from the olde time store for each book read that week. Let the adventure begin!

Gardening Master shares their knowledge. 3/19/07

Learn spring gardening tips from Judith Williams, a Master Gardner on March 19th starting at 6:30 p.m.

Fishing for Laughs at the Library!

Join "The Bassmeister" on April 18th starting at 6:30 p.m.. This is a comedy hour for children and family.

Book Club

Our book discussion group meets every 4th Wednesday of the month at 6:30 p.m.. The group chooses one book to discuss each month, previous. The group always welcome anyone who loves to read! For more information call Denise Garlough at 309-523-3730

WE DO MATH! Homework Help Sessions

Every Thursday night from 5:30-6:30 p.m. and Saturday mornings from 10:00-11:00 am, students needing help with their homework may come to the library for a quiet place to work and increase their skills. Qualified instructors will help 4th grade through high school students on first come, first served basis so, be there early!

214 South Main St., Port Byron 309-523-3440

M-W-F: 1:00-8:30 p.m., Thurs.: 9:00-1:30 p.m. and 5:30-8:30 p.m.
Saturdays 9:00-1:00 p.m., Closed Tuesdays and Sundays

www.rivervalley.lib.il.us

Special River Valley District Library News

River Valley District Library would like to extend library services to residents not currently served in portions of Coe and Hampton Township. A map of the territories to be annexed is on display at the library. The referendum will be on the April 17, 2007 ballot. All residents that are in these proposed areas and our current library patrons are encouraged to vote on April 17th. Any questions about the annexation, please attend our next meeting in the library on February 13, 2007 at 6:00 p.m.

Your library provides:

- Evening resources and research facilities.
- Reading programs for children and adults.
- Books, movies and cd's to entertain, inform, and instruct.
- A large meeting room for day or evening meetings.
- Quad-Cities and international interlibrary loan program.
- An educational base for the entire community.
- Equal access to resources, regardless of income.
- Higher property value as an adjunct to our school system.
- A better quality of life through increased knowledge.

Use your library, enjoy it and support it.

Common Cents

During tough times, try these to save a little here and there:

- ¢ Don't replace windshield wiper blades. Use a solution of 50% white vinegar and 50% water to thoroughly wash your blades. Rinse with plain water and they will work like new.
- ¢ Follow appliance manufacturer's instructions when using soap. Laundry and dishwasher dispensers hold up to 300% more soap than needed. MEASURE, don't just fill the dispenser to the top. If your laundry just needs a light cleaning and freshening, only use ¼ of your normal amount. The results will be the same.
- ¢ Make your own bread at least twice a month. If you have never tried making bread "from scratch, try it at least once-you will find it very satisfying. If you own a bread machine USE IT but, skip the expensive mixes. Healthier, fresh, home baked bread costs only about 50¢ per loaf and the fragrance...Ahhhhhhh!

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NOON-9:00 PM SUNDAY

If raising children was going to be easy, it never would have started with something called labor.

The Railroad Regiment

By Rocky Nelson

On February 10th, the Heritage League, in conjunction with the Putnam Museum hosted demonstrations and displays based on the Civil War, at the Putnam. Our historical society, being a member of the Heritage League, took part because the 1860's were turbulent time for us.

Hampton's early settlers, in the 1830's were mostly New Englanders and anti-slavery people. Later settlers were more diversified with many from the South. They gave Hampton an interesting mix during the War. The pro-slavery element (Copperheads) organized military training in Olmann's timber (now called Illiniwek Forrest Preserve), so they could join the Confederate army when it got here. The anti-slavery folks had been involved in the Underground Railroad for years. About 100 of them joined the US army.

There were Hampton boys in many Illinois regiments but the biggest concentration were in Co F of the 89th Illinois regiment. About half of this Company hailed from Hampton. There is a lot on the internet about our states Civil War regiments. All you need to do is use key words, "Civil War Illinois" and you'll get a lot of sites, some government, most private, all dealing with the Civil War. You can get rosters of all the regiments, some of them including interesting information on each individual. The Illinois adjutant general has a site with rosters and histories of all regiments. Around the end of the 19th century, a fellow named Frederick Dyer was determined to publish information about every single Union regiment. A monumental task but he did it. You can get those regimental histories from his work. To save time he didn't write in complete sentences which makes his records only about half the length of those of the adjutant general. You can examine them all.

Getting back to the 89th ...it was called the "Railroad Regiment" because it was organized by the Railroad Companies of Illinois in Chicago in August, 1862. A regular army officer, Captain John Christopher was appointed Colonel. The Hampton boys were mustered into service October 13, 1862. The regiment was sent to Louisville, KY, as part of McCook's corps of Buell's army. Their first orders were to pursue the Confederate army commanded by Braxton Bragg. After a wearisome and fruitless march they reached Bowling Green, Kentucky. It was there that Company F with its Hampton boys caught up to them. They were the last company to join the regiment. At least they hadn't had to take part in the useless march.

The first action was at the battle of Stone River, Dec. 31, 1862. The regiment conducted themselves gallantly. The regiment suffered 142 casualties (killed, wounded, or captured) among which were two Hampton boys, Moses Beaver and Elijah Youlin, killed New Years Eve Day, 1862.

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The 89th took part in 25 "engagements" during the war, including the great battle of Chickamauga where they suffered 109 casualties {among them young Henry Arcularius of Hampton} At Missionary Ridge the count was 75. At the battle of Atlanta 211 casualties. In the last major battle in the West, the Battle of Nashville, December, 1864, 39 were lost

Three members of Company F died at the infamous Andersonville Prison. They were Private James Bowser, Corporal Josiah Dudley, and Sgt Franklin Merrill. The Andersonville records do not give date or place of capture, but all three are buried in the National Cemetery at the site of the prison. Merrill was 25 years old when he entered the service, had a wife, and a couple of kids. He was a farmer. One wonders why this man would leave his home and family to take a road that led to a terrible end. We know a bit about Dudley because he was mentioned in a speech at a Civil War Roundtable meeting. He was a native of Iowa and how he came to join the army in Hampton, the speaker (a relative) didn't know.

Personally, I find it fascinating to peruse the rosters and see what we know about these soldiers. From doing so, I can say with confidence, our Hampton boys were there and conducted themselves with honor.

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Around Town News Briefs

PTA Carnival at Hampton School, Feb. 24th

The popular PTA Carnival and fund raiser will be held at Hampton School on Saturday, February 24th from 4-7PM. Volunteers are always needed to help run booths and work behind the scenes so contact the school or PTA members if you can help. There will be raffles and prizes for game winners. Good old fashioned fun and food is planned for all so plan to attend regardless of your age.

Coast Guard to Teach Boating Skills

Flotilla Vice-Commander (former Hampton Fire Chief), Steve Bein and the United States Coast Guard Auxiliary Flotilla 9-1, invite everyone to learn boating skills and seamanship. Prepare for a safer summer of boating by taking boating classes each Tuesday from February 27th through April 10. Meetings start at 6:30 p.m. at the Immanuel Lutheran Church, 356 16th Avenue, East Moline. The classes are Coast Guard approved and could possibly reduce boating insurance. Experienced boaters bring all those you plan to have on the water this summer. There will always be something new to learn at these classes! Call 309-755-5026 for details.

Hill Scholarship from East Moline-Silvis Kiwanis Club

The East Moline-Silvis Kiwanis Club is accepting applications for the Ed and Helen Hill Memorial Scholarship awards. Applicants must live in the United Township High School District and be graduating from high school at the end of the school year with a cumulative grade point average of 2.5 or better on a 4.0 scale over the first seven semesters of high school.

Applications are available from United Township High School or the Kiwanis Club of East Moline-Silvis, P. O. Box 322, East Moline, IL 51244. Applications must be returned by April 7th.

Red Cross Offers Babysitting Classes

The Red Cross will be holding babysitting classes at their Moline location as follows:

April 14 from 9:30 am to 4:30 p.m.

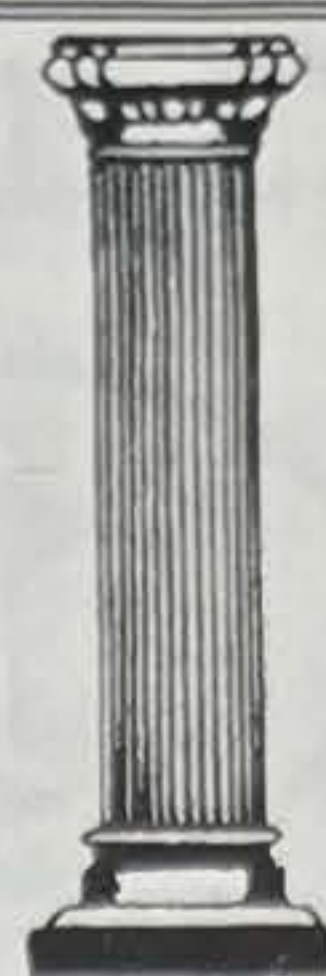
May 5 from 9:30 am to 4:30 p.m.

You must register for these classes so call today: 309-743-2166 Illinois location is 1100 River Drive in Moline. Other class dates available at Davenport's Fairmont and main libraries and the Bettendorf Library. Call the number above for that schedule.

March is Red Cross Month

In keeping with the mission of this volunteer organization, the Red Cross will be holding their 10th Family Safety Day on Saturday, March 10th from 10:00 AM to 4:00PM at the NorthPark Mall in Davenport.

Safety Day is a fun and FREE event for everyone in your family. Activities will include health screenings, fire safety activities, child photo ID cards, demonstrations, free samples and lots more. Over 60 booths will offer information about health, safety and preparedness so don't miss it!



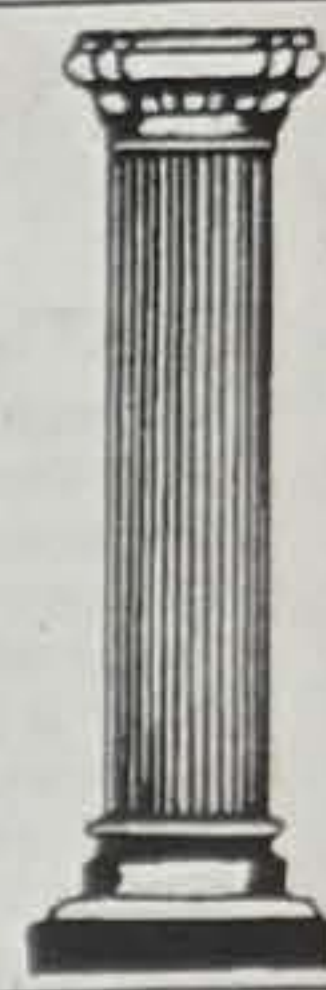
Lee and Lee

Attorneys at Law

Graham J. Lee

755-3471

844 15th Ave. East Moline, IL



Disaster Classes Being Offered

Don't be a victim during a disaster, get the training needed to be of real help to others by taking classes at the Red Cross.

For a complete list of dates and time, just visit their website at www.qcredcross.org Contact Scott at 309-743-2166 for details or to register for the classes.

Training is offered for: Shelter Operations, fundamentals of disaster assessment, disaster kitchen operation, weapons of mass destruction response, health services response, public affairs during disaster and much more.

We cannot expect to have outsiders take care of us during a disaster. Homeland security means we must prepare now to participate in helping ourselves and our neighbors in the event of any disaster. Be a trained leader if that time should even come.

Zion Lutheran's Little Lamb's Preschool Now Enrolling for the 2007-08 School Year

Little Lamb's Preschool at Zion Lutheran Church is proud to announce that it is taking applications for the 2007-08 School Year for children who will be 3 or 4 years old by September 1, 2007.

Parents may contact the church office at 309-496-2186 for more information and an application. Alternatively, an application may be downloaded <http://www.zionem.com/preschool.html>. This form is in Adobe Acrobat format.

It is the aim of Little Lambs Preschool to offer the best environment possible for a child's full range of educational, social, and spiritual development.

The 3 year-old class will meet Tuesday and Thursday mornings. The 4 year-old class will meet Monday, Wednesday, and Friday mornings. Classes begin at 8:30 a.m. and dismiss at 11:30 a.m. If enrollment is sufficient, afternoon classes will also be offered.

Little Lambs Preschool does not discriminate based on color, race, nationality or ethnic origin, and all applications will be considered on a first come, first serve basis.

We invite you to come and see how we can prepare your child to excel in Kindergarten and beyond.

Zion Lutheran Church Announces Special Services for Lent, Holy Week, and Easter (2/21, Sundays and Wednesdays between 2/25 and 4/8/07 and Thursday 4/5/07)

The services are focusing on the Places of the Passion. "The scenes of Lent are familiar. The upper room, the Garden of Gethsemane, the halls of Pontius Pilate, and the hills of Golgotha, these are the places we remember when we meditate on our Lord's passion. Yet, when Jesus enters a place, he never leaves it as he found it. The most troubling places of our lives become the most amazing places of God's grace when Jesus visits them," says Pastor Wright.

The members of Zion are inviting the Hampton community to join them as they revisit the Places of the Passion. The focus will not be on the physical locations of our Lord's passion but on the spiritual wonders of his work: the places where he demonstrates his strength in the midst of our weakness, his timeless love in the midst of our temporal darkness. Each week, we will enter the Places of the Passion to discover settings of devotion, occasions to pause during Lent and remember God's love for a fallen world. Sunday Services begin at 9:00 a.m. In addition, some of the major themes are revisited on special Wednesday afternoon and evening devotions, at 2:30 and 7:00 p.m. Your friends and neighbors at Zion would love to welcome you.

You can live longer with absolutely no food than you can with a total lack of sleep. You'll only last about 10 days without sleep but several weeks without food if you have some water.

Do You Have the Winter Blues?

By Dr. Jenny Sechler D.C., A. P. N.

It seems this is the time of year when most people start to feel a little down. Some notice it while others don't, but everyone is affected to some degree by our long Midwest winter months.

The effects can be mild or more severe; anxiety to seasonal blues to deep dark depression. When you do suffer from a mood disorder, your choices can seem bleak. You can do nothing, mask your symptoms with drugs, or numb the pain with drugs and alcohol, and the choices only get more destructive from there.

If you do suffer from depression, it likely affects every facet of your life. If you think there's no one else out there feeling like you do, please think again. Major depression is the leading cause of disability in the U.S. That's the problem defined in simple terms. What do you do about it?

Typically, we're told eat better, and it is true that you are what you eat. If you eat a lot of comfort foods (simple carbs and sugars), which people tend to crave this time of year, it is a downer on the body. It is a quick fix to lift your mood but then you crash and it leads to a no-win situation. Exercise which releases natural mood lifting endorphins in our brain is one great way to pick us up at any time of year. Yet people find it more difficult to exercise with the colder temperatures. Rest is vital to our body functioning and we should get an average of 7 hours sleep nightly. Lastly, our self-talk and the way we talk and treat others is a direct reflection of ourselves. I hear patients say I've heard those things before and tried some of them with minimal results. Isn't there anything else? While diet, exercise and rest are at the core of your health, there is another facet to examine.

A better, safer and often more effective treatment is through orthomolecular medicine. This field of medicine recognizes that in many cases of physiological and physiological disorders, health can be reestablished by properly correcting or normalizing the balance of vitamins, minerals, amino acids, and other similar substances within the body. Most of what scientists know about our brains and how it affects our moods and behavior is based on our understanding of neurotransmitters. Also known as monoamines, neurotransmitters are brain chemicals that help relay electrical messages from one nerve cell to another. Examples of neurotransmitters include dopamine, norepinephrine, GABA (gamma amino butyric acid) and serotonin. To put it simply, these chemicals are how the brain communicates with itself. There are brain questionnaires that can detect a deficiency and then a practitioner can take appropriate steps to correct the imbalance. The same is true with other biochemical deficiencies that can be contributing to depression. Unlike drug therapy which attempts to cover-up or at best temporarily relieves symptoms, orthomolecular medicine seeks to find and correct the cause of illness.

You are unique and your results will vary from another individual's, but positive changes occur after finding what your biochemical deficiencies are and reestablishing balance within your body.

Perhaps it's your turn to be another success story. Don't give up. You can feel better!



Bloopers and Odd Statements From Hospital Charts-Part 2

- Patient had waffles for breakfast and anorexia for lunch.
- She is numb from her toes down.
- While in ER, she was examined, X-rated, and sent home.
- The skin was moist and dry.
- Occasional, constant infrequent headaches.
- Patient was alert and unresponsive.
- Rectal examination revealed a normal size thyroid.
- She stated that she had been constipated for most of her life, until she got a divorce.
- I saw your patient today, who is still under our car for physical therapy.
- Both breasts are equal & reactive to light & accommodation.
- Examination of genitalia reveals that he is circus sized.
- Skin: somewhat pale but present.
- The pelvic exam will be done later on the floor.
- Note: Patient here recovering from forehead cut. Patient became very angry when given an enema by mistake.

The average foot walks more than a thousand miles a year.

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\$139,900—Hampton MLS#4073744

(2) - 2 BR ranch villas off RT 84 in Hampton. Nicely landscaped lot w/deck. Vaulted ceiling in living room, informal dining area leads to kitchen w/breakfast bar. MB and bath, laundry room ML, full daylight basement and 2 car garage.

\$92,900—Moline MLS#4079258

3 BR, 1-1/2 BA, 1 1/2 story bungalow home. Features include: aluminum siding, a 28x12 family/dining room combination, walk-up to a 32x24 bedroom/play room area. Newer roof, furnace, AC, water pipes, water heater and more. Garage/barn has 3-Stalls and is 2 story w/walk-up to a work and loft area.

\$94,900—East Moline MLS#4079482

2 BR, 1-1/2 BA 2 story maintenance free home. Features include: bay window, walk-in closet, skylight, fireplace. Two 24x22 garages, 40x21 concrete off street parking, 20x21 fenced parking & sits on an 80x120 lot. Newer vinyl siding, doors, furnace, windows, gutters/down spouts, wiring/220, and garage doors.

\$84,900—Bartstow MLS#4079374

3 BR, 1 BA maintenance free ranch. Features include: wood burning FP in living RM and bay window. Newer roof, furnace, A/C, front door and slider to 12x20 deck. Dishwasher, refrigerator, water softener and W/D stay. Garage is 24x26 w/12x24 carport.



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Celebrating our Heritage Quiz Answers: Under presidents key letter are the numbers of events and the year they took place. This quiz is to challenge EVERYONE to look up each event and read beyond just learning the dates to answer this quiz.

- 1-1817, 4-1812, 5-1816, 11-1814, 13-1812, 14-1812
- 6-1837, 9-1836, 12-1832, 16-1833
- 2-1842, 3-1841, 8-1845, 17-1842
- 7-1889, 10-1887, 15-1886, 18-1889

"Graveyards are full of women whose homes were so spotless you could eat off the floor. Remember, the second wife always gets the maid."

Heloise



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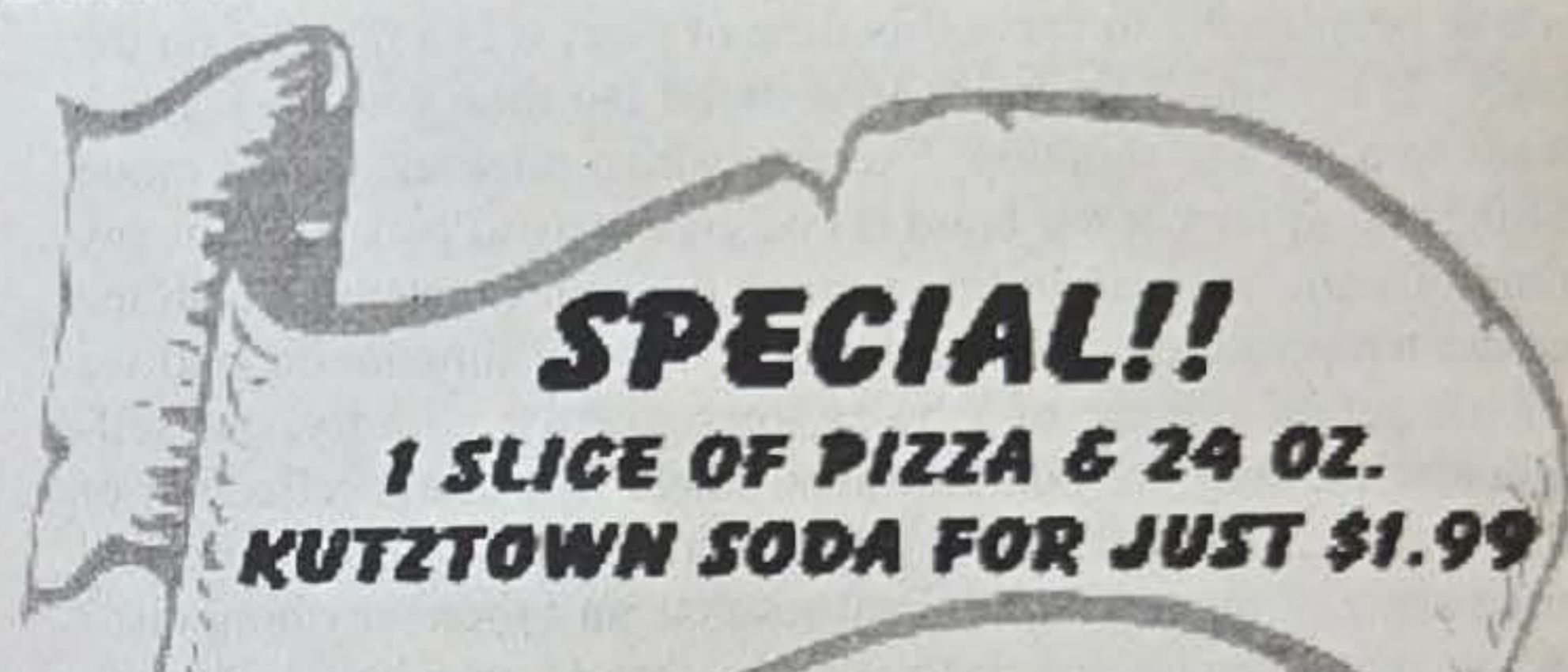
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